The Diversity of Medicinal Plants of the Himalayan Kingdom of Bhutan

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Authors’ contributions

This work was carried out in collaboration between both authors. Both authors read and approved the final manuscript.

ABSTRACT

Most nations depend heavily on plants as economic resources. They can be categorized according to their contribution to economic development thanks to their taxonomic classes. Plant components are used in pharmaceutical research and the creation of novel medications in the healthcare industry. Plant components or herbal concoctions are utilized as herbal medicines in Bhutan and other parts of the world to treat various illnesses. The study aimed to list all the plants possessing medicinal properties from the published sources. The proponents of herbal medicine in Bhutan assert that plant parts contain a variety of phytochemicals that show a range of pharmacological and biological responses. The related data were searched online using various boolean operations. Bhutan is home to around 637 medicinal plant species under 132 families and 418 genera, of which only 229 species are used in Bhutanese traditional medicine. More research and interactions with the local traditional medicinal practitioners can reveal more plants with medicinal properties.

Keywords: Medicine; Bhutan; traditional; ethnomedicine.

1. INTRODUCTION

Plants with medicinal value have been used from time immemorial. The foundation for treating human ailments is natural compounds derived from plants, animals, and minerals [6]. Plants play a crucial part in ecosystems by providing necessary functions. Humans and other living
being cannot exist without plants. Plants, particularly therapeutic herbs, have long served as a general indication of ecosystem health [19]. The plants used in treating disease have a long history, dating back to when humans looked for a tool in their environment to help them recover from illness [8]. The pharmaceutical and cosmetic industries use more than a tenth of all plant species [9]. However, medicinal plant distribution is not constant worldwide [18], and medicinal herbs are mostly obtained from the wild population. The area or villages with poor transport and communication facilities tend to have a rich knowledge base on the use of medicinal plants [12]. Kumar & Singhal [12] concluded that there is a decline in traditional knowledge of medicinal plants as young people show less interest in the knowledge system of their community.

Medicinal plants flourish throughout the Himalayan valleys and foothills. The primary gathering centers are the temperate and subtropical valleys. Various parts of medicinal plants, like leaves, stems, flowers, roots, and the whole plant, are collected. Some medicinal plants have substituted ingredients sourced from rare and endangered species. Proper study will provide ample opportunities to discover new medications that will be helpful to the larger community.

In recent decades, demand for animal supplies has surged by 8% to 15% each year in Asia, North America, and Europe [23]. Different types of flowers, skin, fruits, leaves, roots, seeds, or even the entire plant may be therapeutic plant components. Certain chemicals known as active compounds are created and stored in the bodies of these plants, and they have physiological effects on living beings [17]. Humans rely heavily on raw plant resources to suit their medicinal demands to stay healthy and treat ailments [10]. According to the World Health Organization, more than 80% of the world's population now uses traditional medications, mostly plants, as their primary source of health treatment. This statistic covers not just China, India, and all of the world's developing countries but also many developed countries [7]. Many early medications, such as Digoxin, Quinine, Morphine, Aspirin, and Pilocarpine, are based on clinical, pharmacological, and chemical research of these ancient remedies, mostly derived from plants. It is believed that over half of all medications are derived from medicinal plants [34].

Herbal medicines are still used by a considerable portion of the world's population. Bhutan is known by several names, including bru-k-rtse-n-ske-pai-ljhang (land of sandalwood forest) and s-men-ljong-rgyal-khab (land of medicinal plants). With Sowa Rigpa (traditional Bhutanese medicine) medicine, folklore medicine led the Bhutanese healthcare system until the 1960s, when modern allopathic medicine took over [28]. Medicinal herbs are frequently used in these traditional medical systems. Bhutan is claimed to have 600 medicinal plants, and more than 229 species are used to manufacture more than 103 traditional medicines and 21 commercial commodities in the country [27] [32]. Sngo-smen (high altitude medicinal plants) found between the altitudes of 5,000 and 6,000 masl and khrog-smen (low altitude medicinal plants) found between 600 and 2,000 masl are the two primary categories of medicinal plants. Bhutan has nearly all of the world's high-altitude medicinal plants growing in the wild [25]. More than 80% to 85% of these medicinal herbs are collected by Menjong Sorig Pharmaceuticals from the country's rich biodiversity [26].

2. METHODOLOGY


The paper for preparing the manuscript is extracted from the online databases from 2001 to 2022. The papers published before 2001 were omitted as most species were included in the papers published after 2001. The booklets published by the Faculty of Traditional Medicine (FoTM) were greatly used in preparing the manuscript and searching for other papers to prepare the manuscript. The papers were searched using boolean operations (AND, OR, NOT, or AND NOT) related to Bhutan and Traditional Medicine. A limited number of papers are published on medicinal plants' use in Bhutanese ways of life. The manuscript may not be the final number of medicinal plants available in the Himalayan Kingdom of Bhutan.

A list of medicinal plants along with their uses was prepared, referring to Lama et al. [14];
Wangchuk [24], Wangchuk et al. [30], Wangchuk et al. [29], Wangchuk et al. [26], Lakey & Dorji [13], Wangchuk et al. [27], Thomas [21], Wangchuk et al. [31], Yoshi et al. [36], Chetri et al. [2], Drakpa et al. [3], Jamba & Kumar [11], Chetri [1], FoTM [4,5], Penjor et al. [16], Wangchuk et al. [32]; Tenzin & Tendar [20], Yangzom et al. [33], and Nepal [15].

3. RESULTS AND DISCUSSION


![Fig. 1. Plant parts used for medication of different ailments](image-url)
Bhutan is home to around 637 medicinal species belonging to 418 genera and 132 families (Table 1). The family Asteraceae has the highest number of species, with 55 species, followed by Fabaceae and Rosaceae with 29 and 25 species, respectively. Out of 637 species found in the country, only 229 species are used to prepare the traditional Bhutanese medicine. The use of the traditional medicinal plant for treating different ailments is common in Bhutan. Fig. 1 shows the collection of different parts of plants to make traditional herbal medicine or those utilized by the local healers. Leaves are the most commonly collected parts to treat the ailment, followed by whole plants and roots. The highest number of plants are used for fever (94), followed by wounds (85) and Diarrhea (52).

The plants treat toothache, boil, swelling, jaundice, body ache, asthma, colic pain, throat-related illness, eye-related illness, stomach-related illness, blood purifier, blood pressure, snake bites, constipation, skin-related illness, etc. (Fig. 2).

The study does not accurately show the number of medicinal species present in the Himalayan Kingdom of Bhutan as the country is still in the early stage of documenting the fauna and flora species.

The plants may not be consumed directly as it may cause an adverse reaction or have serious complications that must be used after proper advice and guidance from the local healers and Dungtsho (traditional medicinal doctor).

Table 1. Traditional medicinal plants utilized by the Bhutanese

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Botanical name</th>
<th>Family</th>
<th>Parts Used</th>
<th>Ailment</th>
<th>Habit</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td><em>Justicia adhatoda</em> L.</td>
<td>Acanthaceae</td>
<td>Leaves</td>
<td>Blood disorders, blood pressure, febrifuge, muscle relaxant, antimicrobial, anti-inflammatory</td>
<td>Shrub</td>
<td>29, 21, 36, 5, 1, 16</td>
</tr>
<tr>
<td>2</td>
<td><em>Phlogacanthus thyrsiformis</em> (Roxb. ex Hardw.) Mabb.</td>
<td>Acanthaceae</td>
<td>Leaves</td>
<td>Bile disorder, liver inflammation, blood pressure, blood infection, febrifuge</td>
<td>Shrub</td>
<td>29, 26, 21, 1, 5, 33</td>
</tr>
<tr>
<td>3</td>
<td><em>Strobilanthes auriculata</em> Nees</td>
<td>Acanthaceae</td>
<td>Inflorescence</td>
<td>Increase stamina, immunity against disease</td>
<td>Shrub</td>
<td>20</td>
</tr>
<tr>
<td>4</td>
<td><em>Caulokaempferia sikkimensis</em> (King ex Baker) K. Larsen</td>
<td>Acanthaceae</td>
<td>Leaves</td>
<td>Lymp/body inflammation</td>
<td>Herb</td>
<td>1</td>
</tr>
<tr>
<td>5</td>
<td><em>Sambucus adnata</em></td>
<td>Adoxaceae</td>
<td>Flowers,</td>
<td>Treat wounds and skin</td>
<td>Herb</td>
<td>30, 27, 21, 3</td>
</tr>
<tr>
<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
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</tr>
<tr>
<td>6</td>
<td>Viburnum mullaha</td>
<td>Adoxaceae</td>
<td>leaves, seeds, stems</td>
<td>Stomachache</td>
<td>Shrub</td>
<td>20</td>
</tr>
<tr>
<td>7</td>
<td>Calvatia cyathiformis</td>
<td>Agaricaceae</td>
<td>Leaves, fruits</td>
<td>Wounds</td>
<td>Fungi</td>
<td>4</td>
</tr>
<tr>
<td>8</td>
<td>Achyranthes aspera L.</td>
<td>Amaranthaceae</td>
<td>Leaves, roots</td>
<td>Pneumonia</td>
<td>Herb</td>
<td>1, 33</td>
</tr>
<tr>
<td>9</td>
<td>Chenopodium album</td>
<td>Amaranthaceae</td>
<td>Blood purifier</td>
<td>Herb</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Allium macranthum Baker.</td>
<td>Amaryllidaceae</td>
<td>Whole plant</td>
<td>Assuage tuberculosis, gastric, and lung disorder</td>
<td>Herb</td>
<td>30, 21, 36, 32</td>
</tr>
<tr>
<td>11</td>
<td>Allium pratii C.H. Wright.</td>
<td>Amaryllidaceae</td>
<td>Leaves</td>
<td>Skin rashes, cough and cold</td>
<td>Herb</td>
<td>3</td>
</tr>
<tr>
<td>12</td>
<td>Allium sativum L.</td>
<td>Amaryllidaceae</td>
<td>Bulb</td>
<td>Headache, nausea, shivering</td>
<td>Herb</td>
<td>4, 21, 36, 11, 5, 32</td>
</tr>
<tr>
<td>13</td>
<td>Allium wallichii Kunth.</td>
<td>Amaryllidaceae</td>
<td>Bulb, leaves, shoot</td>
<td>Altitude sickness, dysentery, cough and cold</td>
<td>Herb</td>
<td>24, 4, 16</td>
</tr>
<tr>
<td>14</td>
<td>Allium cepa L.</td>
<td>Amaryllidaceae</td>
<td>Swelling</td>
<td>Herb</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>Choerospondias axillaris (Roxb.) B.L. Burtt &amp; A.W. Hill</td>
<td>Anacardiaceae</td>
<td>Fruits, bark</td>
<td>Secondary burn, anti-oxidant, febrifuge</td>
<td>Tree</td>
<td>22, 29, 21, 36, 27</td>
</tr>
<tr>
<td>16</td>
<td>Mangifera indica L.</td>
<td>Anacardiaceae</td>
<td>Bark</td>
<td>Pneumonia, stomach disorders</td>
<td>Tree</td>
<td>22, 29, 21, 36, 15</td>
</tr>
<tr>
<td>17</td>
<td>Rhus chinensis Mill.</td>
<td>Anacardiaceae</td>
<td>Fruits</td>
<td>Appetizer, asthma, anti-inflammatory, antimicrobial, antioxidant</td>
<td>Tree</td>
<td>24, 29, 21, 36, 11, 5, 16, 15</td>
</tr>
<tr>
<td>18</td>
<td>Pleurospermum amabile Craib &amp; W.W. Smith.</td>
<td>Apiaceae</td>
<td>Aerial parts</td>
<td>Sinuses, antidote</td>
<td>Herb</td>
<td>24, 30, 26, 21, 3, 4</td>
</tr>
<tr>
<td>19</td>
<td>Pleurospermum hookeri C.B. Clarke</td>
<td>Apiaceae</td>
<td>Roots</td>
<td>Heals heart disorder, anti-inflammatory, antidote</td>
<td>Herb</td>
<td>24, 30, 27, 21</td>
</tr>
<tr>
<td>20</td>
<td>Selinum wallichianum DC.</td>
<td>Apiaceae</td>
<td>Aerial parts</td>
<td>Anti-inflammatory, antitumor, cough and cold</td>
<td>Herb</td>
<td>14, 27, 21, 3, 4</td>
</tr>
<tr>
<td>21</td>
<td>Selinum tenuifolium Salisb.</td>
<td>Apiaceae</td>
<td>Roots</td>
<td>Stomach and tumor inflammation</td>
<td>Herb</td>
<td>30, 21</td>
</tr>
<tr>
<td>22</td>
<td>Coriandrum sativum L.</td>
<td>Apiaceae</td>
<td>Seeds</td>
<td>Defective phlegm disorders, antimicrobial, anti-inflammatory, antitumor activities, antioxidant</td>
<td>Herb</td>
<td>24, 21, 31, 36, 11, 5, 16</td>
</tr>
<tr>
<td>23</td>
<td>Centella asiatica (L.) Urb.</td>
<td>Apiaceae</td>
<td>Leaves</td>
<td>Skin disease, cut injury, appetizer</td>
<td>Herb</td>
<td>2, 11, 1, 16, 20, 33</td>
</tr>
<tr>
<td>24</td>
<td>Oenanthe javanica (Blume) DC.</td>
<td>Apiaceae</td>
<td>Leaves, aerial parts</td>
<td>Anti-coagulant, anti-toxic, alcohol detoxification, anti-inflammatory, anti-diabetic</td>
<td>Herb</td>
<td>16, 20</td>
</tr>
<tr>
<td>25</td>
<td>Eryngium foetidum L.</td>
<td>Apiaceae</td>
<td>Leaves</td>
<td>Stomachache</td>
<td>Herb</td>
<td>1</td>
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<tr>
<td>26</td>
<td>Foeniculum vulgare Mill.</td>
<td>Apiaceae</td>
<td>Seeds</td>
<td>Common cold, body aches</td>
<td>Herb</td>
<td>21, 1</td>
</tr>
<tr>
<td>27</td>
<td>Heracleum candicans var. obtusifolium (Wall. ex DC.) F.T. Pu &amp; M.F. Watson</td>
<td>Apiaceae</td>
<td>Roots</td>
<td>Headache, leprosy, stops bleeding</td>
<td>Herb</td>
<td>14, 24, 30, 27, 21</td>
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<tr>
<td>28</td>
<td>Heracleum obtusifolium DC.</td>
<td>Apiaceae</td>
<td>Roots</td>
<td>Bleeding, headache, leprosy</td>
<td>Herb</td>
<td>27, 4</td>
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<tr>
<td>29</td>
<td>Carum carvi Linn.</td>
<td>Apiaceae</td>
<td>Seed</td>
<td>Stomach disorder, hypertension, giddiness,</td>
<td>Herb</td>
<td>24, 30, 31, 36</td>
</tr>
<tr>
<td>Sl. No.</td>
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<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
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<tr>
<td>30</td>
<td><em>Sinolimprichtia alpina</em> Wolf.</td>
<td>Apiaceae</td>
<td>Roots</td>
<td>eye infection</td>
<td>Herb</td>
<td>30, 21, 4</td>
</tr>
<tr>
<td>31</td>
<td><em>Cortilea hookeri</em> (C.B. Clarke)</td>
<td>Apiaceae</td>
<td>Anti bacterial</td>
<td>Antidote, fever</td>
<td>Herb</td>
<td>4</td>
</tr>
<tr>
<td>32</td>
<td><em>Cuminum cyminum</em> L.</td>
<td>Apiaceae</td>
<td>Seeds</td>
<td>Diabetes, gastritis, dyspepsia, diarrhea</td>
<td>Herb</td>
<td>21</td>
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<tr>
<td>33</td>
<td><em>Ferula asafoetida</em> L.</td>
<td>Apiaceae</td>
<td>Cough, asthma, bronchitis, hysteria</td>
<td>Woody</td>
<td>24, 29, 21, 5</td>
<td></td>
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<tr>
<td>34</td>
<td><em>Beaumontia grandiflora</em> Wall.</td>
<td>Apocynaceae</td>
<td>Seed</td>
<td>Antibacterial</td>
<td>Herb</td>
<td>21</td>
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<td>35</td>
<td><em>Calotropis gigantea</em> (L.) Dryand</td>
<td>Apocynaceae</td>
<td>Leaves</td>
<td>Malaria fever, blood pressure</td>
<td>Herb</td>
<td>1, 33</td>
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<tr>
<td>36</td>
<td><em>Rauvolfia serpentina</em> (L.) Benth. ex Kurz</td>
<td>Apocynaceae</td>
<td>Roots</td>
<td>Wounds, muscle pain</td>
<td>Herb</td>
<td>2, 1, 16, 33</td>
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<tr>
<td>37</td>
<td><em>Catharanthus roseus</em> L.</td>
<td>Apocynaceae</td>
<td>Whole plant</td>
<td>Piles</td>
<td>Herb</td>
<td>27, 21</td>
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<tr>
<td>38</td>
<td><em>Acorus calamus</em> L.</td>
<td>Araceae</td>
<td>Rhizome</td>
<td>Throat swelling, dysentery, anthelmintic, febrifuge for bile disorder</td>
<td>Herb</td>
<td>24, 21, 5, 15</td>
</tr>
<tr>
<td>39</td>
<td><em>Remusatia hookeriana</em> Schott</td>
<td>Araceae</td>
<td>Leaves, rhizome</td>
<td>Fever, cough, diarrhea, skin disorder, body ache</td>
<td>Herb</td>
<td>11, 16, 20, 15</td>
</tr>
<tr>
<td>40</td>
<td><em>Polygonatum verticillatum</em> L.</td>
<td>Araliaceae</td>
<td>Rhizomes</td>
<td>Cure body swelling</td>
<td>Herb</td>
<td>27, 21, 36, 3, 4</td>
</tr>
<tr>
<td>41</td>
<td><em>Polygonatum singalense</em> H. Hara</td>
<td>Araliaceae</td>
<td>Flowers</td>
<td>Wounds, improves body strength, regulates body temperature</td>
<td>Herb</td>
<td>24, 29, 21, 36</td>
</tr>
<tr>
<td>42</td>
<td><em>Arctostaphylos uva-ursi</em> Hook. f. &amp; Thomson ex Duch.</td>
<td>Araliaceae</td>
<td>Leaves, fruits</td>
<td>Urinary problems, dysentery, diarrhea, piles, digestive problem</td>
<td>Herb</td>
<td>3, 20</td>
</tr>
<tr>
<td>43</td>
<td><em>Aristolochia griffithii</em> Hook. f. &amp; Thomson ex Duch.</td>
<td>Aristolochiaceae</td>
<td>Stem</td>
<td>Cough, blood purifier, febrifuge, anodyne, sepsis</td>
<td>Climber</td>
<td>24, 29, 21, 5</td>
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<td>44</td>
<td><em>Polygonatum verticillatum</em> L.</td>
<td>Asparagaceae</td>
<td>Rhiizomes</td>
<td>Gout, dropsy, and skin care, relieves giddiness, blurred vision, boil.</td>
<td>Herb</td>
<td>24, 30, 27, 21, 36, 3, 4</td>
</tr>
<tr>
<td>45</td>
<td><em>Polygonatum singalense</em> H. Hara</td>
<td>Asparagaceae</td>
<td>Flower</td>
<td>Wounds, improves body strength, regulates body temperature</td>
<td>Herb</td>
<td>24, 30, 27, 21</td>
</tr>
<tr>
<td>46</td>
<td><em>Areca catechu</em> L.</td>
<td>Areucaceae</td>
<td>Fruit</td>
<td>Tonic, bile disorder</td>
<td>Herb</td>
<td>14</td>
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<table>
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<tr>
<th>Sl. No.</th>
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<th>Parts Used</th>
<th>Ailment</th>
<th>Habit</th>
<th>Reference</th>
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<tr>
<td>56</td>
<td>Ailanthus altissima (Wall.) Royle</td>
<td>Simaroubaceae</td>
<td>Leaves</td>
<td>generate stomach heat</td>
<td>Herb</td>
<td>11</td>
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<td>57</td>
<td>Asparagus officinalis L.</td>
<td>Asparagaceae</td>
<td>Root</td>
<td>Anti-inflammatory, pathogenic serum, anti-aging</td>
<td>Woody Wine</td>
<td>24, 29, 21, 36, 5, 16, 35</td>
</tr>
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<td>58</td>
<td>Asparagus officinalis L.</td>
<td>Asparagaceae</td>
<td>Flower</td>
<td>Appetizer</td>
<td>Herb</td>
<td>33</td>
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<td>59</td>
<td>Sansevieria trifasciata</td>
<td>Asparagaceae</td>
<td>Whole plant</td>
<td>Sunburn, inflammation of body</td>
<td>Herb</td>
<td>1, 33</td>
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<tr>
<td>60</td>
<td>Aloe vera (L.) Burm.f.</td>
<td>Asphodelaceae</td>
<td>Whole plant</td>
<td>Skin treatment, burns, uterine disorder, jaundice, fever, heart problem</td>
<td>Herb</td>
<td>1, 16, 33, 15</td>
</tr>
<tr>
<td>61</td>
<td>Ageratum conyzoides L.</td>
<td>Asteraceae</td>
<td>Leaves</td>
<td>Cut-injury, pneumonia</td>
<td>Herb</td>
<td>1, 33, 15</td>
</tr>
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<td>62</td>
<td>Artemisia indica Wild.</td>
<td>Asteraceae</td>
<td>Leaves</td>
<td>Injury, bleeding</td>
<td>Herb</td>
<td>4, 20, 33, 15</td>
</tr>
<tr>
<td>63</td>
<td>Artemisia dubia Besser</td>
<td>Asteraceae</td>
<td>Leaves</td>
<td>Cough and cold, headache, swelling, bone fracture, External cut, cold, cough</td>
<td>Shrub</td>
<td>3 &amp; 11</td>
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<td>64</td>
<td>Artemisia vulgaris L.</td>
<td>Asteraceae</td>
<td>Leaves</td>
<td>Stomach pain</td>
<td>Herb</td>
<td>16</td>
</tr>
<tr>
<td>65</td>
<td>Chromolaena odorata (L.) R.M.King &amp; H.Rob</td>
<td>Asteraceae</td>
<td>Whole plant</td>
<td>Eye problem, ear problem, ulcer, wounds Stomach pain</td>
<td>Herb</td>
<td>15</td>
</tr>
<tr>
<td>66</td>
<td>Fagopyrum dibotrys (D.Don) H.Hara</td>
<td>Asteraceae</td>
<td>Grains, young shoots</td>
<td>Abdominal pain, swelling</td>
<td>Herb</td>
<td>15</td>
</tr>
<tr>
<td>67</td>
<td>Crassocephalum crepidioides (Brnth.) S. Moore</td>
<td>Asteraceae</td>
<td>Whole plant</td>
<td>Headache, stop bleeding</td>
<td>Herb</td>
<td>11, 20</td>
</tr>
<tr>
<td>68</td>
<td>Chromolaena odorata (L.) R.M.King &amp; H.Rob</td>
<td>Asteraceae</td>
<td>Whole plant</td>
<td>Eye problem, ear problem, ulcer, wounds Stomach pain</td>
<td>Herb</td>
<td>15</td>
</tr>
<tr>
<td>69</td>
<td>Ageratum conyzoides L.</td>
<td>Asteraceae</td>
<td>Leaves</td>
<td>Cut injuries, wound</td>
<td>Herb</td>
<td>1, 33</td>
</tr>
<tr>
<td>70</td>
<td>Astilbe japonica</td>
<td>Astilbeae</td>
<td>Aerial parts</td>
<td>Fever, poisons, swelling, mumps, poisoning</td>
<td>Herb</td>
<td>15</td>
</tr>
<tr>
<td>71</td>
<td>Aster himalaicus</td>
<td>Asteraceae</td>
<td>Roots</td>
<td>Poisoning, malaria</td>
<td>Herb</td>
<td>15</td>
</tr>
<tr>
<td>72</td>
<td>Aster neoegans Hand.-Mazz.</td>
<td>Asteraceae</td>
<td>Aerial parts</td>
<td>Fever, wounds, swelling, mumps, poisoning</td>
<td>Herb</td>
<td>27, 21, 3, 20</td>
</tr>
<tr>
<td>73</td>
<td>Aster diplosteloides (DC.) Clarke.</td>
<td>Asteraceae</td>
<td>Aerial parts</td>
<td>Poisoning, wounds, fever, body ache</td>
<td>Herb</td>
<td>14, 3, 4</td>
</tr>
<tr>
<td>74</td>
<td>Aster flaccidus Bunge</td>
<td>Asteraceae</td>
<td>Flower</td>
<td>Cough and cold, fever, antidote</td>
<td>Herb</td>
<td>24, 30, 26, 27, 21, 4</td>
</tr>
<tr>
<td>75</td>
<td>Aster stracheyi Hand.-Mazz Hook.f.</td>
<td>Asteraceae</td>
<td>Whole plant</td>
<td>Common cold, fever, headache</td>
<td>Herb</td>
<td>14, 24, 27, 21, 4</td>
</tr>
<tr>
<td>76</td>
<td>Aster smithianus Hand.-Mazz</td>
<td>Asteraceae</td>
<td>Aerial parts</td>
<td>Fever, mumps, wounds</td>
<td>Herb</td>
<td>30, 21</td>
</tr>
<tr>
<td>77</td>
<td>Arctium lappa L.</td>
<td>Asteraceae</td>
<td>Roots, seeds</td>
<td>Anti-tumor, febrifuge, anti-cancer, common cold, fever</td>
<td>Herb</td>
<td>3, 5</td>
</tr>
<tr>
<td>78</td>
<td>Gnaphalium hypoleucum DC.</td>
<td>Asteraceae</td>
<td>Leaves, flowers</td>
<td>Lactation (juice), cuts, wounds, vomiting, kidney diseases, cough and cold</td>
<td>Herb</td>
<td>27, 21</td>
</tr>
<tr>
<td>79</td>
<td>Gnaphalium affine D. Don</td>
<td>Asteraceae</td>
<td>Leaves, flowers</td>
<td>Febrifuge, expectorant, antitussive, antiperiodic Indigestion, fever, cough cold</td>
<td>Herb</td>
<td>4</td>
</tr>
<tr>
<td>80</td>
<td>Inula racemosa Hook.f.</td>
<td>Asteraceae</td>
<td>Roots</td>
<td>Herb</td>
<td>24, 3, 4</td>
<td></td>
</tr>
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<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
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<tr>
<td>81</td>
<td><em>Inula grandiflora</em> Wild.</td>
<td>Asteraceae</td>
<td>Flower</td>
<td>Boil, fever, numbness</td>
<td>Herb</td>
<td>24, 30, 27, 21, 4</td>
</tr>
<tr>
<td>82</td>
<td><em>Ligularis amplexicaulis</em> DC.</td>
<td>Asteraceae</td>
<td>Shoots, roots, leaves</td>
<td>Poisoning, wind disorder, sores, useful for emetic of phlegm disease</td>
<td>Herb</td>
<td>27, 21, 3, 4</td>
</tr>
<tr>
<td>83</td>
<td><em>Leontopodium himalayanum</em> DC.</td>
<td>Asteraceae</td>
<td>Leaves</td>
<td>Ingredient for moxibustion</td>
<td>Herb</td>
<td>3, 4</td>
</tr>
<tr>
<td>84</td>
<td><em>Leontopodium jacinianum</em> Beav.</td>
<td>Asteraceae</td>
<td>Flowers, leaves</td>
<td>Heat therapy</td>
<td>Herb</td>
<td>14</td>
</tr>
<tr>
<td>85</td>
<td><em>Saussurea obvalata</em> (DC.) Edgew.</td>
<td>Asteraceae</td>
<td>Flowers, stems, leaves, seeds</td>
<td>Sores, wounds, pain</td>
<td>Herb</td>
<td>3, 4</td>
</tr>
<tr>
<td>86</td>
<td><em>Saussurea gossypiphora</em> D.Don.</td>
<td>Asteraceae</td>
<td>Aerial parts</td>
<td>Used for liver and blood disorder</td>
<td>Herb</td>
<td>14, 24, 30, 13, 27, 21, 3, 4</td>
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<tr>
<td>87</td>
<td><em>Saussurea lappa</em> (Decne.) Sch. Bip.</td>
<td>Asteraceae</td>
<td>Roots</td>
<td>Dysphoria, dyspepsia, numbness, oesophagitis</td>
<td>Herb</td>
<td>4</td>
</tr>
<tr>
<td>88</td>
<td><em>Saussurea pachyneura</em> Franch.</td>
<td>Asteraceae</td>
<td></td>
<td></td>
<td>Herb</td>
<td>4</td>
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<tr>
<td>89</td>
<td><em>Saussurea superba</em> J. Anthony</td>
<td>Asteraceae</td>
<td>Aerial parts</td>
<td>Kidney disorders, tumor, swelling of limbs, relieve abscess</td>
<td>Herb</td>
<td>24, 30, 21, 4</td>
</tr>
<tr>
<td>90</td>
<td><em>Tanacetum nudigenum</em> DC.</td>
<td>Asteraceae</td>
<td>Whole plant</td>
<td>Stomach disorder, detoxifier</td>
<td>Herb</td>
<td>3, 36, 4</td>
</tr>
<tr>
<td>91</td>
<td><em>Taraxacum eriopodium</em> DC.</td>
<td>Asteraceae</td>
<td>Whole plant</td>
<td>Stomach disorder, detoxifier</td>
<td>Herb</td>
<td>3, 36, 4</td>
</tr>
<tr>
<td>92</td>
<td><em>Taraxacum officinale</em> F.H. Wigg</td>
<td>Asteraceae</td>
<td>Whole plant</td>
<td>Detoxifier, fever</td>
<td>Herb</td>
<td>24, 30, 27, 21</td>
</tr>
<tr>
<td>93</td>
<td><em>Taraxacum tibetanum</em> Hand.-Mazz.</td>
<td>Asteraceae</td>
<td>Flowers, leaves</td>
<td>Disorder (bile and stomach), eye infection, chronic fever, ulcer</td>
<td>Herb</td>
<td>14</td>
</tr>
<tr>
<td>94</td>
<td><em>Anaphalis busua</em> (D.Don.) DC.</td>
<td>Asteraceae</td>
<td>Whole plant</td>
<td>Swelling, loss of blood, poisoning</td>
<td>Herb</td>
<td>3</td>
</tr>
<tr>
<td>95</td>
<td><em>Anaphalis nepalensis</em> (Spreng.) Hand.-Mazz.</td>
<td>Asteraceae</td>
<td>Aerial parts</td>
<td>Joint pain</td>
<td>Herb</td>
<td>3</td>
</tr>
<tr>
<td>96</td>
<td><em>Anaphalis contorta</em> (D.Don) Hook.f</td>
<td>Asteraceae</td>
<td>Whole plant</td>
<td>Glandular disease, piles</td>
<td>Herb</td>
<td>27, 21</td>
</tr>
<tr>
<td>97</td>
<td><em>Ajania nigbengena</em> (Wall. ex DC.) A.A.Muldash.</td>
<td>Asteraceae</td>
<td>Aerial parts</td>
<td>Kidney disorders, tumor, swelling of limbs, relieve abscess</td>
<td>Herb</td>
<td>26, 3</td>
</tr>
<tr>
<td>98</td>
<td><em>Pseudognaphalium hypoleucum</em> (DC.) Hilliard &amp; B.L.</td>
<td>Asteraceae</td>
<td>Leaves, flowers</td>
<td>Lactation (juice), cuts, wounds, vomiting</td>
<td>Herb</td>
<td>3</td>
</tr>
<tr>
<td>99</td>
<td><em>Dolomiaea costus</em> (Falc.) Kasana &amp; A.K.Pandey Xanthium strumarium L.</td>
<td>Asteraceae</td>
<td>Roots</td>
<td>Dysphoria, dyspepsia, numbness, oesophagitis</td>
<td>Herb</td>
<td>3</td>
</tr>
<tr>
<td>100</td>
<td><em>Ageratina adenophora</em> (Spreng.) R.M. King &amp; H. Rob.</td>
<td>Asteraceae</td>
<td>Aerial parts</td>
<td>Kidney disorders, antioxidant, anti-inflammatory, antifungal, antibacterial</td>
<td>Herb</td>
<td>21, 31</td>
</tr>
<tr>
<td>101</td>
<td><em>Ainsiaeae latifolia</em> (D. Don) Sch. Bip.</td>
<td>Asteraceae</td>
<td>Leaves</td>
<td>Cure fever, cut</td>
<td>Shrub</td>
<td>1, 16, 20</td>
</tr>
<tr>
<td>102</td>
<td><em>Cirsium falconeri</em> (Hook. fil.) Petr.</td>
<td>Asteraceae</td>
<td>Root</td>
<td>Digestive problem</td>
<td>Herb</td>
<td>20</td>
</tr>
<tr>
<td>103</td>
<td><em>Cirsium verutum</em> (D.Don) Spreng.</td>
<td>Asteraceae</td>
<td>Root</td>
<td>Arthritis</td>
<td>Herb</td>
<td>20</td>
</tr>
<tr>
<td>104</td>
<td><em>Cirsium verutum</em> (D.Don) Spreng.</td>
<td>Asteraceae</td>
<td>Whole plant</td>
<td>Indigestion, swelling, phlegm disorder</td>
<td>Herb</td>
<td>27, 21</td>
</tr>
<tr>
<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
</tr>
<tr>
<td>--------</td>
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<td>------------------------------------------------</td>
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</tr>
<tr>
<td>105</td>
<td>Cirsium eriophoroides (Hook.f.) Petr.</td>
<td>Asteraceae</td>
<td>Leaves, stem</td>
<td>Skin disease, wound, cough and cole</td>
<td>Herb</td>
<td>4</td>
</tr>
<tr>
<td>106</td>
<td>Galinsoga parviflora Cav.</td>
<td>Asteraceae</td>
<td>Flowers</td>
<td>Pneumonis</td>
<td>Herb</td>
<td>1</td>
</tr>
<tr>
<td>107</td>
<td>Tagetes erecta L.</td>
<td>Asteraceae</td>
<td>Flowers</td>
<td>Shivering, vomiting, tuberculosis</td>
<td>Herb</td>
<td>1</td>
</tr>
<tr>
<td>108</td>
<td>Sonchus asper (L.) Hill</td>
<td>Asteraceae</td>
<td>Leaves, roots</td>
<td>Liver disease, dysentery, diarrhea</td>
<td>Herb</td>
<td>33</td>
</tr>
<tr>
<td>109</td>
<td>Tridax procumbens (L.)</td>
<td>Asteraceae</td>
<td>Flower</td>
<td>Tonic to heart and liver</td>
<td>Herb</td>
<td>29, 21</td>
</tr>
<tr>
<td>110</td>
<td>Carthamus tinctorius L.</td>
<td>Asteraceae</td>
<td>Leaf</td>
<td>Common cold, throat swelling</td>
<td>Herb</td>
<td>27, 21</td>
</tr>
<tr>
<td>111</td>
<td>Chrysanthemum tatsienense Bureau &amp; Franch.</td>
<td>Asteraceae</td>
<td>Whole plant</td>
<td>Fever, wounds, bone fracture</td>
<td>Herb</td>
<td>1, 16, 21, 27</td>
</tr>
<tr>
<td>112</td>
<td>Soroseris hookeriana Stebbins</td>
<td>Asteraceae</td>
<td>Whole plant</td>
<td>Fever from poisoning, disorder (liver and bile)</td>
<td>Herb</td>
<td>21, 4</td>
</tr>
<tr>
<td>113</td>
<td>Cavea tanguensis (Drumm.) Smith &amp; Small</td>
<td>Asteraceae</td>
<td>Aerial parts</td>
<td>Wounds, fever</td>
<td>Herb</td>
<td>24, 30, 26, 21, 4</td>
</tr>
<tr>
<td>114</td>
<td>Helianthus annuus L.</td>
<td>Asteraceae</td>
<td>Stems</td>
<td>Throat, cough and cold</td>
<td>Herb</td>
<td>5</td>
</tr>
<tr>
<td>115</td>
<td>Melanoseris macrorhiza (Royle) N.Kilian</td>
<td>Asteraceae</td>
<td>Seeds, flowers</td>
<td>Fever from poisoning, disorder (liver and bile)</td>
<td>Herb</td>
<td>14</td>
</tr>
<tr>
<td>116</td>
<td>Diplazium esculentum (Retz.) Sw.</td>
<td>Athyriaceae</td>
<td>Fronds</td>
<td>Smallpox, diarrhea, asthma, pain, headache, fever, wounds, high blood pressure</td>
<td>Herb</td>
<td>15</td>
</tr>
<tr>
<td>117</td>
<td>Impatiens arguta Hook. f. &amp; Thomson DC</td>
<td>Balsaminaceae</td>
<td>Leaves</td>
<td>Wounds</td>
<td>Herb</td>
<td>20</td>
</tr>
<tr>
<td>118</td>
<td>Impatiens racemosae DC</td>
<td>Balsaminaceae</td>
<td>Seeds, fruits</td>
<td>Cough and cold</td>
<td>Herb</td>
<td>20</td>
</tr>
<tr>
<td>119</td>
<td>Impatiens laxiflora Edgew.</td>
<td>Balsaminaceae</td>
<td>Aerial parts</td>
<td>Constipation</td>
<td>Herb</td>
<td>24, 27, 21, 4</td>
</tr>
<tr>
<td>120</td>
<td>Bambusa vulgaris Schrad. ex. J. C. Wendl.</td>
<td>Bambusioidae</td>
<td>Young shoot</td>
<td>Respiratory disorder, wounds</td>
<td>Bambusoidae</td>
<td>16</td>
</tr>
<tr>
<td>121</td>
<td>Begonia hatacoa Buch.-Ham. ex D.Don</td>
<td>Begoniaceae</td>
<td>Leaves, stem</td>
<td>Extend life span</td>
<td>Herb</td>
<td>2</td>
</tr>
<tr>
<td>122</td>
<td>Begonia josephi A.DC.</td>
<td>Begoniaceae</td>
<td>Rhizome</td>
<td>Diarrhea, stomach pain, sore throat, hypertension, reduce blood pressure, constipation</td>
<td>Herb</td>
<td>2, 16</td>
</tr>
<tr>
<td>123</td>
<td>Begonia annulata K. Koch.</td>
<td>Begoniaceae</td>
<td>Tuber</td>
<td>Detoxifier, antidote</td>
<td>Herb</td>
<td>29, 21,36</td>
</tr>
<tr>
<td>124</td>
<td>Podophyllum hexandrum Royle.</td>
<td>Berberidaceae</td>
<td>Seeds</td>
<td>Paralysis, blood and kidney disorder, female gynecological issues</td>
<td>Herb</td>
<td>24, 30, 21, 36, 3, 4</td>
</tr>
<tr>
<td>125</td>
<td>Berberis aristata DC</td>
<td>Berberidaceae</td>
<td>Root, bark</td>
<td>Cough and cold, allays conjunctivitis, antidote, antidiarrheal, febrifuge</td>
<td>Shrub</td>
<td>14, 24, 30, 27, 21, 11, 4, 20</td>
</tr>
<tr>
<td>126</td>
<td>Holboellia latifolia Wall.</td>
<td>Berberidaceae</td>
<td>Fruits</td>
<td>Rheumatism</td>
<td>Climber</td>
<td>11, 20</td>
</tr>
<tr>
<td>127</td>
<td>Mahonia nepalensis DC</td>
<td>Berberidaceae</td>
<td>Stem, wood</td>
<td>Skin disease, anti-diarrhoeal, heals eye disorder, febrifugue</td>
<td>Shrub</td>
<td>29, 21, 20</td>
</tr>
<tr>
<td>128</td>
<td>Alnus nepalensis D.Don</td>
<td>Betulaceae</td>
<td>Leaves, branches</td>
<td>Prevent sweating, reduce swelling</td>
<td>Tree</td>
<td>11, 20, 15</td>
</tr>
<tr>
<td>129</td>
<td>Oroxylum indicum (L.) Benth. ex Kurz</td>
<td>Bignoniaceae</td>
<td>Flowers, leaves</td>
<td>Jaundice, gastric, tumors, febrifugue, antimalaria</td>
<td>Tree</td>
<td>29, 21, 1, 33, 5, 15</td>
</tr>
<tr>
<td>130</td>
<td>Incarvillea mairei (H. Lev.) Grierson</td>
<td>Bignoniaceae</td>
<td>Whole plant</td>
<td>Cough, headache, ear infection</td>
<td>Herb</td>
<td>14</td>
</tr>
<tr>
<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
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<tr>
<td>131</td>
<td>Onosma hookeri (Clarke.)</td>
<td>Boraginaceae</td>
<td>Roots</td>
<td>Lung disease, stop vomiting, purify blood</td>
<td>Herb</td>
<td>24, 30, 13, 21, 36, 3, 4</td>
</tr>
<tr>
<td>132</td>
<td>Paracynoglossum turcatum (Wall.) Popov</td>
<td>Boraginaceae</td>
<td>Aerial parts, leaves, stem</td>
<td>Headache, cold sores</td>
<td>Herb</td>
<td>2, 20</td>
</tr>
<tr>
<td>133</td>
<td>Paracynoglossum globidiatum (Benth.) Valdés</td>
<td>Boraginaceae</td>
<td>Aerial parts</td>
<td>Swelling, fractured bone, wound</td>
<td>Herb</td>
<td>21, 27</td>
</tr>
<tr>
<td>134</td>
<td>Cynoglossum wallichii G. Don</td>
<td>Boraginaceae</td>
<td>Whole plant</td>
<td>Wounds, cough</td>
<td>Herb</td>
<td>4</td>
</tr>
<tr>
<td>135</td>
<td>Cynoglossum amabile Staf. J.R. Drumm</td>
<td>Boraginaceae</td>
<td>Whole plant</td>
<td>Low blood pressure</td>
<td>Herb</td>
<td>15</td>
</tr>
<tr>
<td>136</td>
<td>Rochelia zeylanica (Vahl) Roem. &amp; Schult.</td>
<td>Boraginaceae</td>
<td>Flowers, fruits, stems, leaves</td>
<td>Cough, swellings, fresh wounds, sores</td>
<td>Herb</td>
<td>14</td>
</tr>
<tr>
<td>137</td>
<td>Cardamine hirsuta L.</td>
<td>Brassicaceae</td>
<td>Young shoot</td>
<td>Ant-emetic, cure water retention, remedy of vomiting, febrifuge</td>
<td>Herb</td>
<td>24, 30, 26, 21, 3, 4</td>
</tr>
<tr>
<td>138</td>
<td>Capsella bursa-pastoris (L.) Medicus</td>
<td>Brassicaceae</td>
<td>Aerial parts</td>
<td>Diversity, vitality regeneration, antidote, antioxidative, antimicrobial</td>
<td>Herb</td>
<td>21, 29, 31, 36, 4, 5</td>
</tr>
<tr>
<td>139</td>
<td>Thlaspi arvense L.</td>
<td>Brassicaceae</td>
<td>Aerial parts</td>
<td>Vitiligo, leprosy, numbness, gout</td>
<td>Herb</td>
<td>21</td>
</tr>
<tr>
<td>140</td>
<td>Brassica juncea (L.) Czern.</td>
<td>Brassicaceae</td>
<td>Aerial parts</td>
<td>Vitiligo, goiter, peptic ulcer, cooling potency, anti-inflammatory</td>
<td>Herb</td>
<td>14, 27, 21, 3</td>
</tr>
<tr>
<td>141</td>
<td>Brassica rapa L.</td>
<td>Brassicaceae</td>
<td>Roots</td>
<td>Vitality regeneration, antidote, antioxidative, antimicrobial</td>
<td>Herb</td>
<td>21</td>
</tr>
<tr>
<td>142</td>
<td>Brassica campestris Linn</td>
<td>Brassicaceae</td>
<td>Root</td>
<td>Lung and throat infection, antibacterial, antioxidant</td>
<td>Herb</td>
<td>29, 21, 31, 36, 11, 5</td>
</tr>
<tr>
<td>143</td>
<td>Raphanus sativus L.</td>
<td>Brassicaceae</td>
<td>Whole plant</td>
<td>Vermifuge, goiter, constipation</td>
<td>Herb</td>
<td>20</td>
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<tr>
<td>144</td>
<td>Nasturtium officinale W. T. Alton</td>
<td>Brassicaceae</td>
<td>Whole plant</td>
<td>Disorder (blood, heart, lung), antidepressant agent, anti-spasmodic</td>
<td>Herb</td>
<td>24, 29, 31, 36, 11, 5</td>
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<tr>
<td>145</td>
<td>Arabidopsis himalaica (Edgeworth) Schulz</td>
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<td>Herb</td>
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<tr>
<td>146</td>
<td>Erysimum bhutanicum W.W. Smith</td>
<td>Brassicaceae</td>
<td>Aerial parts</td>
<td>Disorder (blood, heart, lung), antidepressant agent, anti-spasmodic</td>
<td>Herb</td>
<td>24, 29, 31, 36, 11, 5</td>
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<td>147</td>
<td>Malcolmia africana W. T. Alton</td>
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<td>Vermifuge, goiter, constipation</td>
<td>Herb</td>
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<td>148</td>
<td>Canarium strictum Roxb.</td>
<td>Burseraceae</td>
<td>Oleoresin</td>
<td>Antimicrobial, anti-inflammatory</td>
<td>Tree</td>
<td>29, 21, 31, 5</td>
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<td>149</td>
<td>Commiphora mukul L.</td>
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<tr>
<td>150</td>
<td>Lobelia nummularia Lam.</td>
<td>Campanulaceae</td>
<td>Leaves, fruits</td>
<td>Disorder (blood, heart, lung), antidepressant agent, anti-spasmodic</td>
<td>Herb</td>
<td>2, 1, 15</td>
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<tr>
<td>151</td>
<td>Cyrananthus lobatus Wall. ex Benth.</td>
<td>Campanulaceae</td>
<td>Roots, flowers</td>
<td>Peptic ulcer, constipation, cooling potency, anti-inflammatory</td>
<td>Herb</td>
<td>14, 27, 21, 3</td>
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<td>152</td>
<td>Codonopsis clematidea (Schrenk) C.B. Clarke.</td>
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<td>Whole plant</td>
<td>Swelling, leprosy, arthritis</td>
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<td>153</td>
<td>Codonopsis bhutanica Ludlow</td>
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<td>Whole plant</td>
<td>Blood regulation, leprosy, numbness, gout</td>
<td>Herb</td>
<td>24, 30, 26; 27, 21, 4</td>
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<td>154</td>
<td>Codonopsis vinciflora Komarov</td>
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<td>Herb</td>
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<td>155</td>
<td>Codonopsis globularis (Schr.) J.R. Drumm</td>
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<td>Blood regulation, leprosy, numbness, gout</td>
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<td>155</td>
<td><em>Pseudocodon convolvulaceus</em> (Kurz) D.Y. Hong &amp; H.Sun</td>
<td>Campanulaceae</td>
<td>Bulb</td>
<td>Chest pain, sore throat, cough and cold</td>
<td>Herb</td>
<td>14, 24</td>
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<tr>
<td>156</td>
<td><em>Cannabis sativa</em> L.</td>
<td>Cannabaceae</td>
<td>Seeds</td>
<td>Indigestion, improves eyesight, insomnia, severe pain</td>
<td>Herb</td>
<td>3, 11, 16, 20, 5, 15</td>
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<td>157</td>
<td><em>Triosteum himalayanum</em> Wall.</td>
<td>Caprifoliaceae</td>
<td>Fruits, roots</td>
<td>Promote blood flow during menstruation</td>
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<td>158</td>
<td><em>Acanthocalyx nepalensis</em> (D.Don.) Cannon.</td>
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<td>Aerial parts</td>
<td>Phlegm disorder, indigestion</td>
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<td>159</td>
<td><em>Nardostachys grandiflora</em> Wall. ex DC.</td>
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<td>Roots</td>
<td>Fever, headache, cough and cold, detoxifier</td>
<td>Herb</td>
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<td>160</td>
<td><em>Bassecloia hookeri</em> (C.B.Clarke) V.Mayer &amp; Ehrend.</td>
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<td>Fever, swelling, chronic inflammation, cough and cold</td>
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<td>161</td>
<td><em>Dipsacus inermis</em> Wall.</td>
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<td>Sore throat, body ache, swelling, cough</td>
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<td>162</td>
<td><em>Valeriana wallichii</em> DC.</td>
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<td>163</td>
<td><em>Valeriana jatamansi</em> Jones</td>
<td>Caprifoliaceae</td>
<td>Roots</td>
<td>Wounds, indigestion, sore throat, eye trouble, headache</td>
<td>Herb</td>
<td>14, 4</td>
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<tr>
<td>164</td>
<td><em>Morina polyphylla</em> Wallich ex DC.</td>
<td>Caprifoliaceae</td>
<td>Roots</td>
<td>Painful joints, gastritis, swellings</td>
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<td><em>Morina betonicoides</em> Benth.</td>
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<td>Herb</td>
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<td>166</td>
<td><em>Drymaria diandra</em> Blume</td>
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<td>Young shoot</td>
<td>Throat pain, Pneumonia</td>
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<td>167</td>
<td><em>Silene gonosperma</em> (Ruprech) Bocquet</td>
<td>Caryophyllaceae</td>
<td>Aerial parts</td>
<td>Clear ear blockage, remove skin dirt</td>
<td>Herb</td>
<td>3, 4</td>
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<td>168</td>
<td><em>Silene himalayensis</em> (Rohrb.) Majumdar</td>
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<td>Whole plant</td>
<td>Allays ear and nasal infections</td>
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<tr>
<td>169</td>
<td><em>Silene satiasperma</em> Majumdar</td>
<td>Caryophyllaceae</td>
<td>Aerial parts</td>
<td>Cleaning skin, clearing ear blockage</td>
<td>Herb</td>
<td>24, 30, 21</td>
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<td>170</td>
<td><em>Drymaria cordata</em> (L.) Wild. ex Schult.</td>
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<td>Leaves</td>
<td>Nasal congestion, sinusitis</td>
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<td>171</td>
<td><em>Arenaria kansuensis</em> Maxim</td>
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<td>Flower</td>
<td>Lung disorder</td>
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<td><em>Parnassia ovata</em> Ledeb.</td>
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<td>24, 30, 27, 21, 4</td>
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<td>173</td>
<td><em>Parnassia nubicola</em> Royle</td>
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<td>174</td>
<td><em>Ophiocordyceps sinensis</em> (Berk.) G.H. Sung</td>
<td>Clavicipiteae</td>
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<td>Kidney disorder, optimizes spermatogenesis, fever</td>
<td>Fungi</td>
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<td><em>Terminalia bellirica</em> (Gaertn.) Roxb.</td>
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<td>Fruits</td>
<td>Leprosy, defective bile, hair loss, antimicrobial, antioxidant</td>
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<td>24, 29, 21, 31, 36, 5, 33</td>
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<td>176</td>
<td><em>Terminalia chebula</em> Retz.</td>
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<td>Diarrhea, kidney infection, antiaging, antioxidant, antican, cancer, antimicrobial</td>
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<td>177</td>
<td><em>Commelina diffusa</em> Burm. f.</td>
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<td>Stem, leaves</td>
<td>Boils, burns, nose bleeding, acute tonsillitis, sore throat, bug and snake bites, malaria, abscess</td>
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<td>178</td>
<td><em>Commelina paludosa</em> Blume</td>
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<td>Sexual impotence</td>
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<td>179</td>
<td><em>Commelina benghalensis</em> L.</td>
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<td>External burns, dysentery, blood pressure</td>
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<td>180</td>
<td><em>Rohdea nepalensis</em></td>
<td>Convallariaceae</td>
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<td>Sl. No.</td>
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<td>Parts Used</td>
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<td>Cuscuta reflexa Roxb.</td>
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<td>headache, piles, diarrhea</td>
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<td>182</td>
<td>Cuscuta indica L. Poranopsis paniculata (Roxb.)</td>
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<td>Roots</td>
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<td>183</td>
<td>Costus speciosus (J.Koenig) Sm.</td>
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<td>Stem</td>
<td>Flukes in cattle</td>
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<td>184</td>
<td>Rhodiola crenulata (Hook.f. &amp; Thomson) Ohba.</td>
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<td>Cools stomach</td>
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<td>185</td>
<td>Kalanchoe integra (Medik.) Kuntze Sedum ewersii Lede.</td>
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<td>Leaves</td>
<td>Wounds</td>
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<td>186</td>
<td>Momordica charantia L.</td>
<td>Cucurbitaceae</td>
<td>Fruits, leaves</td>
<td>Blood purifier, control diabetes, treat bleeding, gastric troubles</td>
<td>Climber</td>
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<td>187</td>
<td>Herpetospermum pedunculosum (Seringe) Clarke.</td>
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<td>Seeds</td>
<td>Relieve bile and intestinal disorders, lower fever</td>
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<td>188</td>
<td>Luffa aegyptiaca Mill.</td>
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<td>Disorder (bile, intestinal)</td>
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<td>189</td>
<td>Hodgsonia macrocarpe (Blume) Cogn.</td>
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<td>190</td>
<td>Juniperus pseudosabina Fisch. &amp; C.A. Mey.</td>
<td>Cupressaceae</td>
<td>Leaves</td>
<td>Antilungai, antibacterial</td>
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<td>191</td>
<td>Juniperus squamata Buch.-Ham. ex D. Don</td>
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<td>Alleviates kidney infections</td>
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<td>192</td>
<td>Juniperus indica Bertol</td>
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<td>Alleviates kidney inflammation</td>
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<td>193</td>
<td>Juniperus indica Bertol</td>
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<td>Alleviates kidney inflammation</td>
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<td>Dillenia indica L.</td>
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<td>Nodal lump</td>
<td>Febrifuge</td>
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<td>Dioscorea bulbifera</td>
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<td>Anti-dandruff</td>
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<td>196</td>
<td>Schoenoplectus mucronatus (L.) Palla</td>
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<td>Aerial parts</td>
<td>Antitoxin, Progresses flesh growth</td>
<td>Herb</td>
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<td>197</td>
<td>Monachosorum henryi Christ.</td>
<td>Dennstaedtiaceae</td>
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<td>Antiseptic, anti-inflammatory</td>
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<td>198</td>
<td>Cyperus rotundus L.</td>
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<td>Wounds</td>
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<td>199</td>
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<td>Dilleniaceae</td>
<td>Fruits</td>
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<td>Dioscorea bulbifera</td>
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<td>Used as an appetizer,</td>
<td>Shrub</td>
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<td>201</td>
<td>Cyperus rotundus L.</td>
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<td>Aerial parts</td>
<td>Antitoxin, Progresses flesh growth</td>
<td>Herb</td>
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<td>209</td>
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<td>210</td>
<td>Drosera peltata Thunberg.</td>
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<td>Dryopteridaceae</td>
<td>Whole plant</td>
<td>Wounds, anti-bacterial</td>
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<td>Equisetaceae</td>
<td>Whole plant</td>
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<td>Fruit</td>
<td>Lung disorder, bilious, astringent, febrifuge</td>
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<td>217</td>
<td>Ephedra gerardiana Stapl.</td>
<td>Ephedraceae</td>
<td>Aerial parts</td>
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<td>Shrub 4, 5</td>
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<td>222</td>
<td>Ephedra gerardiana Stapl.</td>
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<td>Aerial parts</td>
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<td>Shrub</td>
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<td>223</td>
<td>Equisetum arvense L.</td>
<td>Equisetaceae</td>
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<td>Fracture, fever, injuries, fever, live inflammation, stops bleeding</td>
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<td>29, 21, 1, 33</td>
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<tr>
<td>224</td>
<td>Cassiope fastigata (Wall.) D.Don.</td>
<td>Ericaceae</td>
<td>Whole plant</td>
<td>Fever</td>
<td>Shrub</td>
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<tr>
<td>225</td>
<td>Lyonia ovalifolia (Wall.) Drude.</td>
<td>Ericaceae</td>
<td>Leaves, seeds</td>
<td>Wounds, boils</td>
<td>Shrub</td>
<td>3, 20</td>
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<tr>
<td>226</td>
<td>Rhododendron anthopogon D.Don.</td>
<td>Ericaceae</td>
<td>Flowers</td>
<td>Helps regain health, phlegm disorder, febrifuge</td>
<td>Shrub</td>
<td>14, 24, 30, 27, 21, 36, 3, 4</td>
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<td>227</td>
<td>Rhododendron arborescens Smith.</td>
<td>Ericaceae</td>
<td>Flowers</td>
<td>Dyspepsia, dyserntery, diarrhea</td>
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<td>228</td>
<td>Rhododendron arboreum Sm.</td>
<td>Ericaceae</td>
<td>Flowers, leaves</td>
<td>Heart problems, diarrhea, wounds, eye cataract, headache, dyserntery</td>
<td>Shrub</td>
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<tr>
<td>229</td>
<td>Rhododendron setosum D.Don.</td>
<td>Ericaceae</td>
<td>Leaves</td>
<td>Anti-septic, diarrhea</td>
<td>Shrub</td>
<td>27, 21, 3, 4</td>
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<td>230</td>
<td>Rhododendron glaucophyllum Rehder</td>
<td>Ericaceae</td>
<td>Leaves</td>
<td>Homostatic, neutralizes toxic side effects of medicine</td>
<td>Shrub</td>
<td>27, 21, 4</td>
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<td>231</td>
<td>Rhododendron lepidotum Wall.</td>
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<td>Leaves</td>
<td>Purifies the blood</td>
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<td>232</td>
<td>Gaultheria fragrantissima Wall.</td>
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<td>233</td>
<td>Enkianthus deflexus (Griff.) C.K. Schned.</td>
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<td>Twig</td>
<td>Indigestion and gastric problems</td>
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<tr>
<td>234</td>
<td>Gaultheria nummularioides</td>
<td>Ericaceae</td>
<td>Leaves, fruits</td>
<td>Neural stimulant, carminative, antiseptic</td>
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<td>235</td>
<td>D.Don Pieris formosa (Wall.) D. Don</td>
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<td>Leaves, twig</td>
<td>used in treating irritating skin disease</td>
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<td>236</td>
<td>Vaccinium dualianum Wight Phyllanthus emblica L.</td>
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<td>Leaves</td>
<td>Used to treat intestinal worms</td>
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<td>237</td>
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<td>Euphorbiaceae</td>
<td>Fruits, leaves</td>
<td>Cough and cold, jaundice, asthma, urinary discharge, liver complaint, eye trouble, diarrhea</td>
<td>Tree</td>
<td>24, 29, 21, 31, 36, 1, 5, 15</td>
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<td>238</td>
<td>Euphorbia hirta L.</td>
<td>Euphorbiaceae</td>
<td>Roots</td>
<td>Piles, skin burn, antiseptic</td>
<td>Herb</td>
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<td>239</td>
<td>Euphorbia wallichii Hook.f.</td>
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<td>Roots</td>
<td>Fungal infections, pimples, eczema</td>
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<td>240</td>
<td>Euphorbia griffithii Hook.f.</td>
<td>Euphorbiaceae</td>
<td>Roots</td>
<td>Anti-inflammatory, purgative</td>
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<td>241</td>
<td>Euphorbia royleana Boiss.</td>
<td>Euphorbiaceae</td>
<td>Stem</td>
<td>Loose motions, ear pain, paralysis, asthma</td>
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<td>242</td>
<td>Euphorbia tithymaloides L.</td>
<td>Euphorbiaceae</td>
<td>Bark, stem</td>
<td>Toothache, mouth ulcer, antibacterial, antiseptic</td>
<td>Appetizer</td>
<td>3, 33</td>
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<td>243</td>
<td>Euphorbia officinalis L.</td>
<td>Euphorbiaceae</td>
<td>Whole plant</td>
<td>Constipation, antimicrobial, anti-inflammatory</td>
<td>Shrub</td>
<td>29, 21, 31, 1, 5</td>
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<td>244</td>
<td>Euphorbia donii Oudejans</td>
<td>Euphorbiaceae</td>
<td>Roots</td>
<td>Bacterial infections, skin disease, constipation, hot and cold disease</td>
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<tr>
<td>245</td>
<td>Jatropha curcas L.</td>
<td>Euphorbiaceae</td>
<td>Seeds</td>
<td>Indigestion, anti-inflammatory, antioxidant</td>
<td>Shrub</td>
<td>24, 29, 21, 31, 36, 1, 5, 16</td>
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<tr>
<td>246</td>
<td>Ricinus communis L.</td>
<td>Euphorbiaceae</td>
<td>Seeds</td>
<td>Leprosy, ringworm, snakebites, wounds, skin irritation, body tremor, facial deformities, antioxidant, anti-inflammatory</td>
<td>Herb</td>
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<td>247</td>
<td>Mallotus philippensis (Lam.) Müll.Arg.</td>
<td>Euphorbiaceae</td>
<td>Latex</td>
<td>Snake bite, insect bite, ringworm</td>
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<tr>
<td>249</td>
<td>Senna tora (L.) Roxb.</td>
<td>Fabaceae</td>
<td>Seeds</td>
<td>Leprosy, ringworm, snakebites, wounds, skin irritation, body tremor, facial deformities, antioxidant, anti-inflammatory, anti-inflammatory, anti-inflammatory</td>
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<td>250</td>
<td>Senna alata (L.) Roxb.</td>
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<td>Leaves</td>
<td>Snake bite, insect bite, ringworm</td>
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<tr>
<td>251</td>
<td>Draccocephalum tanguilicum Maxim. Tamarindus indica L.</td>
<td>Fabaceae</td>
<td>Aerial parts</td>
<td>Ulcer, inflammations, cough and cold disorders, stomachache</td>
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<td>252</td>
<td>Bauhinia vahlii Wight &amp; Arn.</td>
<td>Fabaceae</td>
<td>Seeds, leaves</td>
<td>Rabies, hypertension, acute pain, swelling, bile fever</td>
<td>Herb</td>
<td>24, 3, 4</td>
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<tr>
<td>253</td>
<td>Thermopsis barbata Royle.</td>
<td>Fabaceae</td>
<td>Whole plant</td>
<td>Rhabdiasis, sympatric, acute pain, swelling, bile fever</td>
<td>Herb</td>
<td>24, 3, 4</td>
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<tr>
<td>254</td>
<td>Entada rhedii Spreng.</td>
<td>Fabaceae</td>
<td>Bark, seeds</td>
<td>Skin disease, treat mumps, powder act as antidandruff agents</td>
<td>Climber</td>
<td>29, 21, 31, 1, 5, 15</td>
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<td>255</td>
<td>Abrus precatorius Linneaus</td>
<td>Fabaceae</td>
<td>Seeds</td>
<td>Removes dust from eyes</td>
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<td>256</td>
<td>Spatholobus parviflorus (Roxb.) Kuntze</td>
<td>Fabaceae</td>
<td>Seeds</td>
<td>Vermifuge, antibacterial, anthelmintic, antifungal</td>
<td>Shrubs</td>
<td>29, 31</td>
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<tr>
<td>257</td>
<td>Erythrina arborescens Roxb.</td>
<td>Fabaceae</td>
<td>Seeds</td>
<td>Febrifuge, urine infection, back pain, giddiness</td>
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<td>24, 29, 21, 31, 11, 5, 16, 20</td>
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<tr>
<td>258</td>
<td>Erythrina variegata</td>
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<td>Seed</td>
<td>Kidney disorder</td>
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<th>Habit</th>
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<tr>
<td>260</td>
<td><em>Tibetiodes himalaica</em> (G.B.Clarke)</td>
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<td>Roots</td>
<td>Poisoning, malaria</td>
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<td>262</td>
<td><em>Mucuna imbricata</em> DC.</td>
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<td>Numbness, backache, knee swelling, febrifuge</td>
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<td>263</td>
<td><em>Quercus griffithii</em> Hook.f. &amp; Thomson ex Miq.</td>
<td>Fabaceae</td>
<td>Nut</td>
<td>Diarrhea, dysentery, wounds, toothache</td>
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<td>264</td>
<td><em>Pisum sativum</em> L.</td>
<td>Fabaceae</td>
<td>Seeds</td>
<td>Nausea, headache, blurred vision, Skincare</td>
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<td>29, 31, 36, 11, 16</td>
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<td>265</td>
<td><em>Parochetus communis</em> Buch.-Ham. ex D.Don</td>
<td>Fabaceae</td>
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<td>Stomach pain, earache</td>
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<td>266</td>
<td><em>Triticum aestivum</em> L.</td>
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<td>Used against dandruff</td>
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<td>267</td>
<td><em>Phaseolus vulgaris</em> L.</td>
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<td>Reduce blood sugar level</td>
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<td>268</td>
<td><em>Dolichos biflorus</em> Lam.</td>
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<td>Asthma, cough</td>
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<td>269</td>
<td><em>Pterocarpus santalinus</em> L.</td>
<td>Fabaceae</td>
<td>Wood</td>
<td>Alleviates feverish blood disorders, refrigerant</td>
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<td>29, 21, 36, 5</td>
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<td>270</td>
<td><em>Oxytropis ochrocephala</em> Bunge</td>
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<td>Whole plant</td>
<td>Dropsy, poisoning, swelling</td>
<td>Herb</td>
<td>30, 27, 21</td>
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<td>271</td>
<td><em>Oxytropis lapponica</em> (Wahlenberg) Gray</td>
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<td>Flower</td>
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<td>272</td>
<td><em>Oxytropis reniformis</em> P.C. Li</td>
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<tr>
<td>273</td>
<td><em>Chesneya nubigena</em> (D.Don) Al</td>
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<td>Whole plant</td>
<td>Bacterial infection, wound, relieve pain</td>
<td>Shrub</td>
<td>30, 21</td>
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<td>274</td>
<td><em>Semecarpus anacardium</em> L.fil.</td>
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<td>Anti-inflammatory, antioxidant, hair growth promoter, antimicrobial</td>
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<td>275</td>
<td><em>Glycyrrhiza glabra</em> L.</td>
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<td>Roots</td>
<td>Jaundice, skin disease, stomach ulcers, paralysis, fever, respiratory disorder</td>
<td>Herb</td>
<td>24, 21</td>
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<td>276</td>
<td><em>Caragana jubata</em> (Pall.) Poir.</td>
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<td>Headache, cough, swelling, boils</td>
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<td>277</td>
<td><em>Caragana gerardiana</em> Royle</td>
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<td>Eye disease, cough, swelling, boils</td>
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<td>278</td>
<td><em>Sweertia chirayita</em> (Roxb.) H.Karst.</td>
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<td>Young shoot</td>
<td>Fever, headache, febrifuge, antimalaria</td>
<td>Herb</td>
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<td><em>Sweertia multicaulis</em> D.Don.</td>
<td>Gentianaceae</td>
<td>Leaves, stems, flowers, seeds</td>
<td>Fever</td>
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<td>280</td>
<td><em>Sweertia bimaculata</em> (Siebold &amp; Zucc.) Hook. f. &amp; Thomson ex C.B. Clarke</td>
<td>Gentianaceae</td>
<td>Leaves</td>
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<td>281</td>
<td><em>Sweertia wolfgangiana</em> Grun.</td>
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<td>Aerial parts</td>
<td>Wounds</td>
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<td>282</td>
<td><em>Sweertia speciosa</em> G. Don.</td>
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<td>Flowers</td>
<td>Anti-inflammatory</td>
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<td>283</td>
<td><em>Gentiana algida</em> Pallas.</td>
<td>Gentianaceae</td>
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<td>Used as febrifuge, sore throat</td>
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<td>284</td>
<td><em>Gentiana robusta</em> Hook.f.</td>
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<td>Flowers</td>
<td>Wound, swelling, inflammation of liver and stomach</td>
<td>Herb</td>
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<td><em>Gentiana urnula</em> Harry Sm.</td>
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<td>Whole plant</td>
<td>Cough, anti-diarrheal, detoxifier</td>
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<td><em>Gentiana crassicaulis</em> Duthie ex Burkill</td>
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<td>Bile, liver disorder</td>
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<td><em>Gentiana paludosa</em> (Monro) Ma</td>
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<td>Herb</td>
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<td>288</td>
<td><em>Gentiana nubigena</em> Edgew.</td>
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<td>Flowers, leaves</td>
<td>Blood disorder, poor eyesight, chest pain, fever, throat disease</td>
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<td>289</td>
<td><em>Megacodon stylophorus</em> (Clark) H. Smith.</td>
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<td>Roots</td>
<td>Swelling, wounds</td>
<td>Herb</td>
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<td>290</td>
<td><em>Halenia elliptica</em> D. Don.</td>
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<td>Whole plant</td>
<td>Wounds, cough and cold, headache, Blood pressure</td>
<td>Herb</td>
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<td><em>Crawfurdia speciosa</em> C.B. Clarke</td>
<td>Gentianaceae</td>
<td>Roots, flowers</td>
<td></td>
<td>Climber</td>
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<td>292</td>
<td><em>Jaeschkea oligosperma</em> Knobl.</td>
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<td>Bile, headache, wound, cough and cold</td>
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<td>293</td>
<td><em>Veratrina baillonii</em> Franch.</td>
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<td>Colic, stomachache, vasoconstrictor</td>
<td>Herb</td>
<td>27, 21</td>
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<td>294</td>
<td><em>Geranium refractum</em> Edgeworth &amp; Hook.f.</td>
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<td>Small intestine disorder, allays diarrhea, swelling, cough and cold</td>
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<td>295</td>
<td><em>Geranium procurrens</em> Yeo</td>
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<td>Roots</td>
<td>Antimalaria, antitoxin, antidiarrheal, swelling of limbs, cough and cold</td>
<td>Herb</td>
<td>27, 21, 4, 20</td>
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<td>296</td>
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<td>Geraniaceae</td>
<td>Stem, leaves</td>
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<td>297</td>
<td><em>Geranium tuberaria</em> Cambess.</td>
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<td>298</td>
<td><em>Geranium donianum</em> Sweet</td>
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<td>Anthelmintic, joint pain, intestinal pain, cough, bile disorder, fever</td>
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<td><em>Didymocarpus pedicellatus</em> R. Br.</td>
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<td>Tuberculosis, wounds, stomach disorder</td>
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<td>300</td>
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<td></td>
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<td>301</td>
<td><em>Corallodiscus lanuginosus</em> (Wall. ex DC.) Buttt</td>
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<td>Whole plant</td>
<td>Diarrhea, wounds, kidney problems</td>
<td>Herb</td>
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<td>302</td>
<td><em>Garcinia cowa</em> Roxb.</td>
<td>Gutiferae</td>
<td>Roots, fruits</td>
<td>Relieve fevers, dysentery</td>
<td>Tree</td>
<td>15</td>
</tr>
<tr>
<td>303</td>
<td><em>Hydrangea febrifuga</em> (Lour) Y. de Smet. &amp; C. Granados</td>
<td>Hydrangeaceae</td>
<td>Shoot, root</td>
<td>Fever</td>
<td>Shrub</td>
<td>20</td>
</tr>
<tr>
<td>304</td>
<td><em>Molinia capitulata</em> (Lour.) Herb.</td>
<td>Hypoxidaceae</td>
<td>Leaves, roots</td>
<td>Diarrhea, jaundice, asthma</td>
<td>Herb</td>
<td>16</td>
</tr>
<tr>
<td>305</td>
<td><em>Thamnola vermiculatis</em> Asahina</td>
<td>Icmadophilaee</td>
<td></td>
<td>Cough, hypertension, anticancer, antioxidant</td>
<td>Lichen</td>
<td>4</td>
</tr>
<tr>
<td>306</td>
<td><em>Iris domestica</em> (L.) Goldblatt &amp; Mabb.</td>
<td>Iridaceae</td>
<td>Rhizome</td>
<td>Stomachache, asthma, cough and cold</td>
<td>Herb</td>
<td>16</td>
</tr>
<tr>
<td>307</td>
<td><em>Iris kemaonensis</em> D. Don ex Royle Baker</td>
<td>Iridaceae</td>
<td>Seed</td>
<td>Antipyretic, anthelmintic</td>
<td>Herb</td>
<td>24, 30, 27, 21, 4</td>
</tr>
<tr>
<td>308</td>
<td><em>Iris goniocarpa</em> Baker</td>
<td>Iridaceae</td>
<td>Whole plant</td>
<td>Sinusitis, intestinal parasites</td>
<td>Herb</td>
<td>14</td>
</tr>
<tr>
<td>309</td>
<td><em>Crocos sativus</em> L.</td>
<td>Iridaceae</td>
<td></td>
<td>Asthma, cough, stomach disorder</td>
<td>Herb</td>
<td>21</td>
</tr>
<tr>
<td>310</td>
<td><em>Juglans regia</em> L.</td>
<td>Juglandaceae</td>
<td>Fruits, seeds</td>
<td>Pneumonia, wounds, throat pain, chest pain</td>
<td>Tree</td>
<td>14, 29, 21, 31, 36, 11, 5, 16, 20, 15, 33</td>
</tr>
<tr>
<td>311</td>
<td><em>Engelhardia spicata</em> Lesch. ex Blume</td>
<td>Juglandaceae</td>
<td></td>
<td>Diarrhea, cold fever, detoxifier, abdominal pain</td>
<td>Tree</td>
<td>33</td>
</tr>
<tr>
<td>312</td>
<td><em>Ocimum sanctum</em> L.</td>
<td>Lamiaceae</td>
<td>Whole plant</td>
<td>Malaria, diarrhea, skin disease, painful eye disease, insect bite, chronic fever, snake bite, asthma, mouth</td>
<td>Herb</td>
<td>1</td>
</tr>
<tr>
<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
</tr>
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<td>--------</td>
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</tr>
<tr>
<td>313</td>
<td>Ocimum gratissimum L.</td>
<td>Lamiaceae</td>
<td>Leaves</td>
<td>Ulcer</td>
<td>Herb</td>
<td>1, 33</td>
</tr>
<tr>
<td>314</td>
<td>Ocimum basilicum L.</td>
<td>Lamiaceae</td>
<td>Leaves</td>
<td>Kidney malfunction, constipation, cough, warts, headache, cough</td>
<td>Herb</td>
<td>33</td>
</tr>
<tr>
<td>315</td>
<td>Ocimum tenuiflorum L.</td>
<td>Lamiaceae</td>
<td>Antimicrobial, antifungal, cold, headache, inflammation, fever</td>
<td>Digestive problems, Obesity, fever, asthma, cough and cold</td>
<td>Shrub</td>
<td>33, 15</td>
</tr>
<tr>
<td>316</td>
<td>Mentha spicata L.</td>
<td>Lamiaceae</td>
<td>Leaves, stems</td>
<td></td>
<td>Herb</td>
<td>3, 1, 16, 15</td>
</tr>
<tr>
<td>317</td>
<td>Mentha arvensis L.</td>
<td>Lamiaceae</td>
<td>Fragrant, headache</td>
<td>Allergy, arthritis, jaundice, asthma</td>
<td></td>
<td>33</td>
</tr>
<tr>
<td>318</td>
<td>Mentha piperita L.</td>
<td>Lamiaceae</td>
<td>Oil</td>
<td>Throat disorder, anti-inflammatory, anti-rashes, appetizer</td>
<td>Herb</td>
<td>29, 21</td>
</tr>
<tr>
<td>319</td>
<td>Eriophyton wallichii Bentham.</td>
<td>Lamiaceae</td>
<td>Whole plant</td>
<td>Fever, wounds, lung infection</td>
<td>Herb</td>
<td>24, 30, 21, 3, 4</td>
</tr>
<tr>
<td>320</td>
<td>Elsholtzia fruticosa D. Don.</td>
<td>Lamiaceae</td>
<td>Roots</td>
<td>Headache</td>
<td>Shrub</td>
<td>3, 20</td>
</tr>
<tr>
<td>321</td>
<td>Elsholtzia eriostachya (Benth.) Benth.</td>
<td>Lamiaceae</td>
<td>Whole plant</td>
<td>Antibacterial, wounds, skin disorder</td>
<td>Herb</td>
<td>14, 24, 27, 21</td>
</tr>
<tr>
<td>322</td>
<td>Elsholtzia densa Benth.</td>
<td>Lamiaceae</td>
<td>Whole plant</td>
<td>Rheumatic arthritis, digestion disorder, diarrhea, fever, headache, cold</td>
<td>Herb</td>
<td>4</td>
</tr>
<tr>
<td>323</td>
<td>Origanum vulgare L.</td>
<td>Lamiaceae</td>
<td>Leaves</td>
<td>Common cold</td>
<td>Herb</td>
<td>3</td>
</tr>
<tr>
<td>324</td>
<td>Salvia nubicola Sweet.</td>
<td>Lamiaceae</td>
<td>Whole plant</td>
<td>Fever, oral disease, toothache</td>
<td>Herb</td>
<td>3, 4</td>
</tr>
<tr>
<td>325</td>
<td>Salvia castanea Diels</td>
<td>Lamiaceae</td>
<td>Whole plant</td>
<td>Liver disorder, fever</td>
<td>Herb</td>
<td>24, 30, 27, 21, 36, 4</td>
</tr>
<tr>
<td>326</td>
<td>Prunella vulgaris L.</td>
<td>Lamiaceae</td>
<td>Whole plant</td>
<td>Headache, cold, fever, liver problem, lung problem, breath problem</td>
<td>Herb</td>
<td>20</td>
</tr>
<tr>
<td>327</td>
<td>Clerodendrum infortunatum L.</td>
<td>Lamiaceae</td>
<td>Leaves</td>
<td>Lantana poisoning</td>
<td>Shrub</td>
<td>1</td>
</tr>
<tr>
<td>328</td>
<td>Plectranthus scutellarioides (L.) R.Br.</td>
<td>Lamiaceae</td>
<td>Leaves</td>
<td>Swelling</td>
<td>Herb</td>
<td>1</td>
</tr>
<tr>
<td>329</td>
<td>Vitex negundo L. Bentham.</td>
<td>Lamiaceae</td>
<td>Leaves</td>
<td>Ringworm</td>
<td>Shrub</td>
<td>2, 1</td>
</tr>
<tr>
<td>330</td>
<td>Leucas ciliata Benth.</td>
<td>Lamiaceae</td>
<td>Leaves</td>
<td>Boil, fracture, hypertension</td>
<td>Shrub</td>
<td>2, 16</td>
</tr>
<tr>
<td>331</td>
<td>Pogostemon amaranthoides Benth.</td>
<td>Lamiaceae</td>
<td>Leaves</td>
<td>Snake bite, appetizer, diarrhea, headache</td>
<td>Herb</td>
<td>16</td>
</tr>
<tr>
<td>332</td>
<td>Callicarpa arborea Roxb.</td>
<td>Lamiaceae</td>
<td>Leaves</td>
<td>Rheumatic, nose bleed</td>
<td>Shrub</td>
<td>33</td>
</tr>
<tr>
<td>333</td>
<td>Phlomis rotata Bentham. ex Hook.f.</td>
<td>Lamiaceae</td>
<td>Whole plant</td>
<td>Reduce pain caused by injuries</td>
<td>Herb</td>
<td>24, 30, 27, 21, 4</td>
</tr>
<tr>
<td>334</td>
<td>Rabdosia rugosa (Wall. ex Benth.) H. Har</td>
<td>Lamiaceae</td>
<td>Whole plant</td>
<td>Eye disorder, inflammation</td>
<td>Herb</td>
<td>27, 21</td>
</tr>
<tr>
<td>335</td>
<td>Phlomoides rotata (Benth. ex Hook.fil.) comb</td>
<td>Lamiaceae</td>
<td>Flowers, leaves</td>
<td>Bacterial infections, sinus, indigestion, bone fracture</td>
<td>Herb</td>
<td>14</td>
</tr>
<tr>
<td>336</td>
<td>Cinnamomum tamala (Buch.-Ham.) T. Nees &amp; C.H. Eberm.</td>
<td>Lauraceae</td>
<td>Leaves</td>
<td>Cough and cold, Allergy, Diarrhea, Stomachache, stomach gas</td>
<td>Tree</td>
<td>24, 1, 15</td>
</tr>
<tr>
<td>337</td>
<td>Cinnamomum glanduliferum (Wall) Nees</td>
<td>Lauraceae</td>
<td>Wood</td>
<td>Antimicrobial, febrifuge, drowsiness, headache, dizziness, shivering</td>
<td>Tree</td>
<td>29, 21, 31, 5</td>
</tr>
<tr>
<td>338</td>
<td>Cinnamomum impressinervium</td>
<td>Lauraceae</td>
<td>Bark</td>
<td>Carminative, antidiarrheal,</td>
<td>Tree</td>
<td>29, 21, 31, 36, 11, 5</td>
</tr>
<tr>
<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
</tr>
<tr>
<td>-------</td>
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<td>--------------</td>
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<td>-------------------------------------------------------------------------</td>
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</tr>
<tr>
<td>339</td>
<td>Meisn. <em>Cinnamomum camphora</em> Nees &amp; Eberm.</td>
<td>Lauraceae</td>
<td>Oil</td>
<td>antidiabetic Heart disorder, febrifuge, antimalaria, refrigerant</td>
<td>Tree</td>
<td>29, 21, 5</td>
</tr>
<tr>
<td>340</td>
<td><em>Cinnamomum zeylanicum</em> Nees.</td>
<td>Lauraceae</td>
<td>Bark</td>
<td>Generates stomach heat, anti-diarrheal</td>
<td>Tree</td>
<td>29, 21</td>
</tr>
<tr>
<td>341</td>
<td><em>Lindera neesiana</em> (Wall. ex Nees) Kurz</td>
<td>Lauraceae</td>
<td>Bark, fruits</td>
<td>Scabies, diarrhea</td>
<td>Tree</td>
<td>11</td>
</tr>
<tr>
<td>342</td>
<td><em>Parasasafra confertiflora</em> (Meisner) Long</td>
<td>Lauraceae</td>
<td>Fruit</td>
<td>Anti-protozoans, antibacterial, anti-viral</td>
<td>Tree</td>
<td>11</td>
</tr>
<tr>
<td>343</td>
<td><em>Litsea cubeba</em> (Lour.) Pers.</td>
<td>Lauraceae</td>
<td>Leaves</td>
<td>Jaundice</td>
<td>Shrub</td>
<td>2, 1</td>
</tr>
<tr>
<td>344</td>
<td><em>Acacia catechu</em> (L.f.) Wild.</td>
<td>Leguminosae</td>
<td>Bark</td>
<td>Pneumonia, blood-related disorder</td>
<td>Tree</td>
<td>29, 21, 1</td>
</tr>
<tr>
<td>345</td>
<td><em>Mimosa pudica</em> L.</td>
<td>Leguminosae</td>
<td>Root</td>
<td>Pneumonia</td>
<td>Climber</td>
<td>29, 21, 5</td>
</tr>
<tr>
<td>346</td>
<td><em>Caesalpinia boumbouc</em> (L.) Roxb.</td>
<td>Leguminosae</td>
<td>Seeds</td>
<td>Kidney disorders</td>
<td>Woody</td>
<td>29, 21, 5</td>
</tr>
<tr>
<td>347</td>
<td><em>Cassia fistula</em> L.</td>
<td>Leguminosae</td>
<td>Seeds</td>
<td>Allays liver disorders, constipation</td>
<td>Tree</td>
<td>24, 29, 21, 5</td>
</tr>
<tr>
<td>348</td>
<td><em>Cassia tora</em> L.</td>
<td>Leguminosae</td>
<td>Seeds</td>
<td>Skin disease (itching, abscess, wounds, ringworms)</td>
<td>Herb</td>
<td>24, 29, 21, 5</td>
</tr>
<tr>
<td>349</td>
<td><em>Butea parviflora</em> Roxb.</td>
<td>Leguminosae</td>
<td>Seeds</td>
<td>Antibacterial, antihelmintic</td>
<td>Herb</td>
<td>26, 21, 5</td>
</tr>
<tr>
<td>350</td>
<td><em>Butea buteiformis</em> (Voigt) Mabb.</td>
<td>Leguminosae</td>
<td>Seeds</td>
<td></td>
<td>Shrub</td>
<td>24</td>
</tr>
<tr>
<td>351</td>
<td><em>Astragalus floridus</em> Podlech</td>
<td>Leguminosae</td>
<td></td>
<td>Anti-inflammation, antiaging, allergy, common cold</td>
<td>Shrub</td>
<td>24</td>
</tr>
<tr>
<td>352</td>
<td><em>Lilium nanum</em> (Klotzsch f.nanum)</td>
<td>Liliaceae</td>
<td>Whole plant</td>
<td>Head injuries, antidote</td>
<td>Herb</td>
<td>27, 21, 3, 4</td>
</tr>
<tr>
<td>353</td>
<td><em>Fritillaria delavayi</em> Franch.</td>
<td>Liliaceae</td>
<td>Rhizome</td>
<td>Antipyretic, blood purifier, detoxifier, cough and cold</td>
<td>Herb</td>
<td>24, 30, 13, 21, 36, 4</td>
</tr>
<tr>
<td>354</td>
<td><em>Fritillaria gardneriana</em> Wall.</td>
<td>Liliaceae</td>
<td>Aerial parts</td>
<td>Heal head injury, antidote</td>
<td>Herb</td>
<td>24, 30, 21</td>
</tr>
<tr>
<td>355</td>
<td><em>Torenia anagallis</em> (Burm.f.) Wannan, W.R.Barker &amp; Y.S.Liang</td>
<td>Linderniaceae</td>
<td>Leaves</td>
<td>Gonorrhea</td>
<td>Herb</td>
<td>15</td>
</tr>
<tr>
<td>356</td>
<td><em>Lindernia anagallis</em> (Burm.f.) Pennell</td>
<td>Linderniaceae</td>
<td>Leaves</td>
<td>Gonorrhea</td>
<td>Herb</td>
<td>15</td>
</tr>
<tr>
<td>357</td>
<td><em>Strychnos nux-vomica</em> L.</td>
<td>Loganiaceae</td>
<td></td>
<td>Arthritis, Neurodisorders, vomiting</td>
<td>Tree</td>
<td>21</td>
</tr>
<tr>
<td>358</td>
<td><em>Scurcula elata</em> (Edgew.) Danser</td>
<td>Loranthaceae</td>
<td>Leaves</td>
<td>Reduce galls</td>
<td>Shrub</td>
<td>20</td>
</tr>
<tr>
<td>359</td>
<td><em>Punic graminatum L.</em></td>
<td>Lythraceae</td>
<td>Fruits</td>
<td>Fever, heart disease, sore throat, dysentery, diarrhea, cold, restores stomach heat</td>
<td>Tree</td>
<td>24, 29, 21, 36, 1, 5, 15</td>
</tr>
<tr>
<td>360</td>
<td><em>Malva sylvestris</em> L.</td>
<td>Malvaceae</td>
<td>Aerial parts</td>
<td>Heal wounds, anti-diarrheal</td>
<td>Herb</td>
<td>24, 30, 21, 3, 4</td>
</tr>
<tr>
<td>361</td>
<td><em>Malva verticillata</em> L.</td>
<td>Malvaceae</td>
<td>Seeds</td>
<td>Gout, rheumatism, skin disorders, leprosy</td>
<td>Shrub</td>
<td>29, 21, 5</td>
</tr>
<tr>
<td>362</td>
<td><em>Abelmoschus manihot</em> (L.) Medik</td>
<td>Malvaceae</td>
<td>Seeds</td>
<td>Cardiac tonic and febrifuge for heart disorders</td>
<td>Tree</td>
<td>24, 29, 21, 31, 1, 5</td>
</tr>
<tr>
<td>363</td>
<td><em>Bombax ceiba</em> L.</td>
<td>Malvaceae</td>
<td>Flowers</td>
<td>Nose disorders, heals nose disorder</td>
<td>Shrub</td>
<td>29, 21, 31</td>
</tr>
<tr>
<td>364</td>
<td><em>Gossypium hirsutum</em> L.</td>
<td>Malvaceae</td>
<td>Seeds</td>
<td>Dysentery</td>
<td>Shrub</td>
<td>1</td>
</tr>
<tr>
<td>365</td>
<td><em>Hibiscus sabdariffa</em> L.</td>
<td>Malvaceae</td>
<td>Leaves, fruits</td>
<td></td>
<td>Shrub</td>
<td>33</td>
</tr>
<tr>
<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
</tr>
<tr>
<td>--------</td>
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<tr>
<td>367</td>
<td>Sida acuta Burm.f.</td>
<td>Malvaceae</td>
<td>Roots</td>
<td>Fungi, diabetes, cough, fever, inflammation, wounds</td>
<td>Shrub</td>
<td>1, 33</td>
</tr>
<tr>
<td>368</td>
<td>Sida rhombifolia L.</td>
<td>Malvaceae</td>
<td>Whole plant</td>
<td>Constipation</td>
<td>Shrub</td>
<td>2, 38</td>
</tr>
<tr>
<td>369</td>
<td>Abroma augusta (L.) L.f.</td>
<td>Malvaceae</td>
<td>Whole plant</td>
<td>Body pain, headache, relieve swelling</td>
<td>Shrub</td>
<td>33</td>
</tr>
<tr>
<td>370</td>
<td>Lancea tibetica Hook.f. &amp; Thomson</td>
<td>Mazaceae</td>
<td>Whole plant</td>
<td>Illness from menstrual cycle</td>
<td>Herb</td>
<td>14, 24, 30, 21</td>
</tr>
<tr>
<td>371</td>
<td>Paris polyphylla Smith var. polyphylla.</td>
<td>Melanthiaceae</td>
<td>Aerial parts, rhizome</td>
<td>Fieberfuge, skin allergy, fever, back pain, fungal disease, insect and snake bite, bleeding, bone fracture</td>
<td>Herb</td>
<td>3, 11, 16</td>
</tr>
<tr>
<td>372</td>
<td>Aletris pauciflora (Klotzsch) Hand.-Maz.</td>
<td>Melanthiaceae</td>
<td>Aerial parts</td>
<td>Blood infection, pneumonia, lung disease, liver disorders</td>
<td>Herb</td>
<td>24, 30, 21, 4</td>
</tr>
<tr>
<td>373</td>
<td>Osbeckia crinita Benth ex. Triana</td>
<td>Melastomataceae</td>
<td>Roots, leaves</td>
<td>Appetiter, helps in digestion, toothache</td>
<td>Shrub</td>
<td>15</td>
</tr>
<tr>
<td>374</td>
<td>Azadirachta indica A.Juss</td>
<td>Meliaceae</td>
<td>Whole plant</td>
<td>Smallpox, scabies, blood purifier, wound, sores, blisters, skin disease, diabetes</td>
<td>Tree</td>
<td>11, 1, 33</td>
</tr>
<tr>
<td>375</td>
<td>Toona ciliata M. Roem.</td>
<td>Meliaceae</td>
<td>Fruits</td>
<td>Menstrual disorders, headache, fever, dysentery, ulcer</td>
<td>Tree</td>
<td>24</td>
</tr>
<tr>
<td>376</td>
<td>Stephania glabra (Robx.) Miers</td>
<td>Menispermaceae</td>
<td>Tuber</td>
<td>Fieberfuge, antimicrobial, fever</td>
<td>Climber</td>
<td>29, 21, 31, 36</td>
</tr>
<tr>
<td>377</td>
<td>Tinospora cordifolia (Willd.) Miers</td>
<td>Menispermaceae</td>
<td>Stem</td>
<td>Fieberfuge, antimicrobial, antioxidant, anti-inflammatory</td>
<td>Climber</td>
<td>1, 5, 16, 24, 29, 21, 31</td>
</tr>
<tr>
<td>378</td>
<td>Tinospora sinensis (Lour.) Merr.</td>
<td>Menispermaceae</td>
<td>Bark, stem</td>
<td>Liver complaints, piles</td>
<td>Shrub</td>
<td>16</td>
</tr>
<tr>
<td>379</td>
<td>Cissampelos pareira L.</td>
<td>Menispermaceae</td>
<td>Fruits</td>
<td>Sinuses, anti-inflammatory, skin disease, poisonous bite</td>
<td>Climber</td>
<td>33</td>
</tr>
<tr>
<td>380</td>
<td>Ficus benjamina L.</td>
<td>Moraceae</td>
<td>Rhizome</td>
<td>Applied on boils</td>
<td>Tree</td>
<td>15</td>
</tr>
<tr>
<td>381</td>
<td>Ficus religiosa Forssk.</td>
<td>Moraceae</td>
<td>Fruits, leaves, bark</td>
<td>Facilitate asthma and respiratory system, cough, earache, toothache, migraine, bleeding, cuts, wounds, antiseptic, antitoxin</td>
<td>Tree</td>
<td>1, 15</td>
</tr>
<tr>
<td>382</td>
<td>Ficus benghalensis L.</td>
<td>Moraceae</td>
<td>Bark, roots</td>
<td>Soar throat, foot cracks</td>
<td>Shrub</td>
<td>15</td>
</tr>
<tr>
<td>383</td>
<td>Ficus auriculata Lou.</td>
<td>Moraceae</td>
<td>Roots, fruits</td>
<td>Constipation, warts</td>
<td>Tree</td>
<td>15</td>
</tr>
<tr>
<td>384</td>
<td>Ficus racemosa L.</td>
<td>Moraceae</td>
<td>Bark</td>
<td>Dysentery</td>
<td>Tree</td>
<td>1</td>
</tr>
<tr>
<td>385</td>
<td>Ficus semicordata Buch.-Ham. ex Smith</td>
<td>Moraceae</td>
<td>Bark, rhizome</td>
<td>Boils, cuts, scabies, headache</td>
<td>Tree</td>
<td>1, 16, 15</td>
</tr>
<tr>
<td>386</td>
<td>Artocarpus heterophyllus Lam. Tree</td>
<td>Moraceae</td>
<td>Rhizome</td>
<td>Boils, fractured bones</td>
<td>Tree</td>
<td>15</td>
</tr>
<tr>
<td>387</td>
<td>Morus macroura Miq.</td>
<td>Moraceae</td>
<td>Bark, leaves, seeds</td>
<td>Soar throat, foot cracks</td>
<td>Shrub</td>
<td>15</td>
</tr>
<tr>
<td>388</td>
<td>Morus alba L.</td>
<td>Moraceae</td>
<td>Wood</td>
<td>Wounds, blood purifier, antimicrobial, antitoxin</td>
<td>Tree</td>
<td>29, 21, 31, 1, 5</td>
</tr>
<tr>
<td>389</td>
<td>Maclura cochinchinensis</td>
<td>Moraceae</td>
<td>Seed</td>
<td>Jaundice</td>
<td>Tree</td>
<td>15</td>
</tr>
<tr>
<td>390</td>
<td></td>
<td>Moraceae</td>
<td>Seed</td>
<td>Skin infection</td>
<td>Shrub</td>
<td>1</td>
</tr>
<tr>
<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
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<tr>
<td>391</td>
<td>(Lour.) Corner Moringa oleifera Lam.</td>
<td>Moringaceae</td>
<td>Leaves, flowers, fruits</td>
<td>Control blood pressure, tuberculosis</td>
<td>Tree</td>
<td>1, 33, 15</td>
</tr>
<tr>
<td>392</td>
<td>Musa balbisiana Colla.</td>
<td>Musaceae</td>
<td>Latex</td>
<td>Diarrhea, vomiting, food poisoning</td>
<td>Herb</td>
<td>1</td>
</tr>
<tr>
<td>393</td>
<td>Musa acuminata Colla</td>
<td>Musaceae</td>
<td></td>
<td></td>
<td></td>
<td>33</td>
</tr>
<tr>
<td>394</td>
<td>Myrica esculenta Buch.-Ham. ex D.Don</td>
<td>Myricaceae</td>
<td>Bark</td>
<td>Cough</td>
<td>Tree</td>
<td>11</td>
</tr>
<tr>
<td>395</td>
<td>Myrsine semiserrata Wall.</td>
<td>Myrsinaceae</td>
<td>Fruits</td>
<td>Antimicrobial, Allays skin dullness</td>
<td>Shrub</td>
<td>29, 26, 21, 36, 5</td>
</tr>
<tr>
<td>396</td>
<td>Knema tenuinervia W. J. de Wilde</td>
<td>Myristicaceae</td>
<td>Heartwood</td>
<td>Appetizer, chest pain, tongue disorder, drowsiness, fever, heart disorder</td>
<td>Tree</td>
<td>29, 26, 21, 31, 5</td>
</tr>
<tr>
<td>397</td>
<td>Myristica fragrans Houtt.</td>
<td>Myristicaceae</td>
<td>Seeds</td>
<td>Indigestion, liver disorder, stomach ulcers</td>
<td>Tree</td>
<td>24, 21</td>
</tr>
<tr>
<td>398</td>
<td>Syzygium cumini (L.) Skeels.</td>
<td>Myrtaceae</td>
<td>Fruits</td>
<td>Kidney disorder, anti-inflammatory, antioxidant</td>
<td>Tree</td>
<td>29, 21, 31, 5</td>
</tr>
<tr>
<td>399</td>
<td>Syzygium aromaticum (L.) Merrill &amp; Perry</td>
<td>Myrtaceae</td>
<td></td>
<td>Vomiting, nausea, disorder (stomach, bowel, liver)</td>
<td>Tree</td>
<td>21</td>
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<tr>
<td>400</td>
<td>Syzygium fruticosum (Roxb.) DC.</td>
<td>Myrtaceae</td>
<td>Fruits</td>
<td>Dysentery, anemia</td>
<td>Tree</td>
<td>24</td>
</tr>
<tr>
<td>401</td>
<td>Psidium guajava L.</td>
<td>Myrtaceae</td>
<td>Leaves</td>
<td>Diarrhea</td>
<td>Tree</td>
<td>1, 33</td>
</tr>
<tr>
<td>402</td>
<td>Syzygium cumini (L.) Skeels.</td>
<td>Myrtaceae</td>
<td>Leaves</td>
<td>Kidney disorder</td>
<td>Shrub</td>
<td>36</td>
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<tr>
<td>403</td>
<td>Nepheiropis cordifolia (L.) C. Presl</td>
<td>Nepheiropidaceae</td>
<td>Rhizome</td>
<td>Nose blockage, cough</td>
<td>Herb</td>
<td>11, 16, 33</td>
</tr>
<tr>
<td>404</td>
<td>Mirabilis himalaica (Edgeworth) Heimerl.</td>
<td>Nctaginaceae</td>
<td>Root</td>
<td>Alleys cold disorder</td>
<td>Climber</td>
<td>29, 21</td>
</tr>
<tr>
<td>405</td>
<td>Fraxinus pixiana Lingelsh.</td>
<td>Oleaceae</td>
<td>Bark</td>
<td>Infection, bone fracture, eye disorders</td>
<td>Tree</td>
<td>29, 26, 21, 31, 5</td>
</tr>
<tr>
<td>406</td>
<td>Jasminum humile L.</td>
<td>Oleaceae</td>
<td>Leaves, bark, fruit</td>
<td>Wounds, skin disease, sinus</td>
<td>Shrub</td>
<td>15</td>
</tr>
<tr>
<td>407</td>
<td>Ligustrum confusum Decne.</td>
<td>Oleaceae</td>
<td>Leaves</td>
<td>Used as diuretic</td>
<td>Shrub</td>
<td>20</td>
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<tr>
<td>408</td>
<td>Nyctanthes arbutistis L.</td>
<td>Oleaceae</td>
<td></td>
<td>Sedative, skin care, rheumatism</td>
<td>Shrub</td>
<td>33</td>
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<tr>
<td>409</td>
<td>Epilobium latifolium L.</td>
<td>Oleaceae</td>
<td>Whole plant</td>
<td>Lowers fever and pain</td>
<td>Shrub</td>
<td>3</td>
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<tr>
<td>410</td>
<td>Spiranthes hongkongensis Hu et Barretto</td>
<td>Orchidaceae</td>
<td>Whole plant</td>
<td>Treat tuberculosis, common cold</td>
<td>Herb</td>
<td>3</td>
</tr>
<tr>
<td>411</td>
<td>Gymnadenia orchidis L.</td>
<td>Orchidaceae</td>
<td>Roots</td>
<td>Food supplement to gain strength, increase sperm count</td>
<td>Herb</td>
<td>3</td>
</tr>
<tr>
<td>412</td>
<td>Dactylorhiza hatagirea D.Don.</td>
<td>Orchidaceae</td>
<td>Tuber</td>
<td>Strengthen body, gum inflammation, boosts spermatogenesis</td>
<td>Herb</td>
<td>14, 24, 30, 13, 21, 27, 36, 3, 4</td>
</tr>
<tr>
<td>413</td>
<td>Otochilus lanchilabius Seidenf.</td>
<td>Orchidaceae</td>
<td>Stem</td>
<td>Febrifuge, allays dehydration</td>
<td>Epiphytic</td>
<td>29, 26, 21, 31, 16, 20</td>
</tr>
<tr>
<td>414</td>
<td>Coelogyne stricta (D. Don.) Schltr.</td>
<td>Orchidaceae</td>
<td>Pseudobulb</td>
<td>Headache, fever</td>
<td>Herb</td>
<td>20</td>
</tr>
<tr>
<td>415</td>
<td>Coelogyne recurva (Lindl.) Rchb. fil.</td>
<td>Orchidaceae</td>
<td>Stem</td>
<td></td>
<td></td>
<td>24</td>
</tr>
<tr>
<td>416</td>
<td>Cymbidium iridoides D. Don</td>
<td>Orchidaceae</td>
<td>Leaves</td>
<td>Blood clotting in deep wounds</td>
<td>Herb</td>
<td>20</td>
</tr>
<tr>
<td>417</td>
<td>Dendrobium tanzanitum Hook.</td>
<td>Orchidaceae</td>
<td>Whole plant</td>
<td>Nervous debility, liver upsets</td>
<td>Hern</td>
<td>20</td>
</tr>
<tr>
<td>418</td>
<td>Spiranthes sinensis</td>
<td>Orchidaceae</td>
<td>Root, stem</td>
<td>Cures sores</td>
<td>Herb</td>
<td>20</td>
</tr>
<tr>
<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
</tr>
<tr>
<td>--------</td>
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</tr>
<tr>
<td>419</td>
<td>Calanthe plantaginea Lindl.</td>
<td>Orchidaceae</td>
<td>Stem, flowers, rhizome</td>
<td>Appetizer, headache</td>
<td>Herb</td>
<td>16</td>
</tr>
<tr>
<td>420</td>
<td>Cyripedium himalaicum Rolfe</td>
<td>Orchidaceae</td>
<td>Whole plant</td>
<td>Chest disorders, heart disease, cough, stone disease</td>
<td>Herb</td>
<td>14</td>
</tr>
<tr>
<td>421</td>
<td>Pedicularis oederi Vahl.</td>
<td>Orobanchaceae</td>
<td>Stems, leaves, seeds, flowers</td>
<td>Relieves pain, heals breathlessness</td>
<td>Herb</td>
<td>3</td>
</tr>
<tr>
<td>422</td>
<td>Pedicularis longiflora Rudolph.</td>
<td>Orobanchaceae</td>
<td>Aerial parts</td>
<td>Intestinal disorders, blood pressure, regulates mensuration</td>
<td>Herb</td>
<td>14, 24, 30, 26, 27, 21, 3, 4</td>
</tr>
<tr>
<td>423</td>
<td>Pedicularis siphonantha D.Don.</td>
<td>Orobanchaceae</td>
<td>Aerial parts</td>
<td>Anti-dote, febrifuge, anti-diarrheal</td>
<td>Herb</td>
<td>14, 24, 30, 27, 21, 3, 4</td>
</tr>
<tr>
<td>424</td>
<td>Pedicularis megalantha D.Don.</td>
<td>Orobanchaceae</td>
<td>Aerial parts</td>
<td>Anti-dote, intestinal disorders</td>
<td>Herb</td>
<td>24, 30, 27, 21, 3, 4</td>
</tr>
<tr>
<td>425</td>
<td>Pedicularis ingens Makino.</td>
<td>Orobanchaceae</td>
<td>Aerial parts</td>
<td>Wounds, regulates mensuration, anti-diuretics</td>
<td>Herb</td>
<td>26, 27, 21, 4</td>
</tr>
<tr>
<td>426</td>
<td>Pedicularis integrifolia Hook.f.</td>
<td>Orobanchaceae</td>
<td>Whole plant</td>
<td>Regulate mensuration, wounds, rheumatism, anti-diuretics</td>
<td>Herb</td>
<td>24, 30, 21</td>
</tr>
<tr>
<td>427</td>
<td>Euphrasia melanosticta R.R. Mill.</td>
<td>Orobanchaceae</td>
<td>Whole plant</td>
<td>Eye disease, wounds</td>
<td>Herb</td>
<td>24, 30, 21</td>
</tr>
<tr>
<td>428</td>
<td>Euphrasia himalyica Wettst.</td>
<td>Orobanchaceae</td>
<td>Whole plant</td>
<td>Eye disease, wounds</td>
<td>Herb</td>
<td>24, 30, 21</td>
</tr>
<tr>
<td>429</td>
<td>Euphrasia officinalis L.</td>
<td>Orobanchaceae</td>
<td>Whole plant</td>
<td>Eye disease, stomachache</td>
<td>Herb</td>
<td>24, 30, 21</td>
</tr>
<tr>
<td>430</td>
<td>Oxalis corniculata L.</td>
<td>Oxalidaceae</td>
<td>Whole plant</td>
<td>Influenza, fever, snake bites, diarrhoea</td>
<td>Herb</td>
<td>2, 1, 16, 15</td>
</tr>
<tr>
<td>431</td>
<td>Meconopsis paniculata Prain</td>
<td>Papaveraceae</td>
<td>Flowers</td>
<td>Fever, phlegm disorder, promote digestion</td>
<td>Herb</td>
<td>24, 30, 27, 36, 21, 3, 4</td>
</tr>
<tr>
<td>432</td>
<td>Meconopsis purpurea Hook.f. &amp; Thompson</td>
<td>Papaveraceae</td>
<td>Whole plant</td>
<td>Revitalizing the synovial fluids, bone fracture, wounds</td>
<td>Herb</td>
<td>14, 24, 30, 13, 21, 3, 4</td>
</tr>
<tr>
<td>433</td>
<td>Meconopsis simplicifolia (D.Don) Walp.</td>
<td>Papaveraceae</td>
<td>Whole plant</td>
<td>Antimalaria, lung disorder, blood disorder, antipyretic</td>
<td>Herb</td>
<td>24, 30, 26, 13, 27, 21, 4</td>
</tr>
<tr>
<td>434</td>
<td>Meconopsis primulina Prain</td>
<td>Papaveraceae</td>
<td>Whole plant</td>
<td>Blood regulation, bleeding, placenta removing</td>
<td>Herb</td>
<td>24, 30, 21</td>
</tr>
<tr>
<td>435</td>
<td>Meconopsis napaulensis DC.</td>
<td>Papaveraceae</td>
<td>Whole plant</td>
<td>Clearing heat, easing pain</td>
<td>Herb</td>
<td>4</td>
</tr>
<tr>
<td>436</td>
<td>Corydalis crispa Prain</td>
<td>Papaveraceae</td>
<td>Whole plant</td>
<td>Liver and lung fever</td>
<td>Herb</td>
<td>14</td>
</tr>
<tr>
<td>437</td>
<td>Corydalis calliantha D.G.Long</td>
<td>Papaveraceae</td>
<td>Whole plant</td>
<td>Bile and liver disorder, alyys blood coughs and colds, and biliary inflammation</td>
<td>Herb</td>
<td>26, 13, 27, 21, 3, 4, 32</td>
</tr>
<tr>
<td>438</td>
<td>Corydalis dubia Prain</td>
<td>Papaveraceae</td>
<td>Whole plant</td>
<td>Detoxifying impure blood, alleviating fever arising from the infectious liver, heart, lung, pancreas and kidney, neuralgia</td>
<td>Herb</td>
<td>26, 36, 4, 32</td>
</tr>
<tr>
<td>439</td>
<td>Corydalis flabellata Edgw</td>
<td>Papaveraceae</td>
<td>Whole plant</td>
<td>Blood purifier, anti-hypertensive</td>
<td>Herb</td>
<td>24, 30, 21</td>
</tr>
<tr>
<td>440</td>
<td>Corydalis stracheyi Duthie ex Prain</td>
<td>Papaveraceae</td>
<td>Whole plant</td>
<td>Liver disorder, blood infection</td>
<td>Herb</td>
<td>24, 30, 21</td>
</tr>
<tr>
<td>441</td>
<td>Corydalis gerdai Prain</td>
<td>Papaveraceae</td>
<td>Whole plant</td>
<td>Infections, antimalarial</td>
<td>Herb</td>
<td>24, 21</td>
</tr>
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<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
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<tr>
<td>445</td>
<td>Fedde Corydalis casmheriana Royle</td>
<td>Papaveraceae</td>
<td>Whole plant</td>
<td>Burns, bile fever, chronic fever</td>
<td>Herb</td>
<td>14</td>
</tr>
<tr>
<td>446</td>
<td>Hypericum leptocarpum Hook.f. Thomson.</td>
<td>Papaveraceae</td>
<td>Whole plant</td>
<td>Fever, cough and cold, poisoning, blood pressure, skin disease</td>
<td>Herb</td>
<td>24, 30, 21, 36, 3, 4</td>
</tr>
<tr>
<td>447</td>
<td>Parmelia saxatilis (L.) Ach.</td>
<td>Parmeliaceae</td>
<td>Cap, stalk</td>
<td>Leprosy, skin disease, sore foot</td>
<td>Lichen</td>
<td>27, 21</td>
</tr>
<tr>
<td>448</td>
<td>Sesamum indicum L.</td>
<td>Pedaliaceae</td>
<td>Seeds</td>
<td>improves ova and sperm production, antioxidant</td>
<td>Herb</td>
<td>29, 21, 31, 36, 5</td>
</tr>
<tr>
<td>449</td>
<td>Lobaria oregana (Tuck.) Müll.Arg.</td>
<td>Peltigeraceae</td>
<td></td>
<td></td>
<td>Fungi</td>
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<tr>
<td>450</td>
<td>Phytolacca acinosa Roxb.</td>
<td>Phytolaccaceae</td>
<td>Leaves, stem</td>
<td>Boils, sores, urinary disorders</td>
<td>Herb</td>
<td>2, 3, 4, 15</td>
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<tr>
<td>451</td>
<td>Phytolacca esculenta Van Houtte</td>
<td>Phytolaccaceae</td>
<td>Roots</td>
<td>Antidote, relieve pain, cough and cold</td>
<td>Shrub</td>
<td>24, 30, 21, 5</td>
</tr>
<tr>
<td>452</td>
<td>Pinus roxburghii Sarg.</td>
<td>Pinaceae</td>
<td>Resin, leaves</td>
<td>Vermifuge, anti-uretic, anti-septic</td>
<td>Tree</td>
<td>11, 5</td>
</tr>
<tr>
<td>453</td>
<td>Pinus wallichiana A.B. Jacks.</td>
<td>Pinaceae</td>
<td></td>
<td>Skincares, wounds, burns, boil</td>
<td>Tree</td>
<td>5</td>
</tr>
<tr>
<td>454</td>
<td>Piper longum L.</td>
<td>Piperaceae</td>
<td>Fruits</td>
<td>Cough and cold</td>
<td>Climber</td>
<td>21, 31, 15</td>
</tr>
<tr>
<td>455</td>
<td>Piper rhytidocarpum Hook.f.</td>
<td>Piperaceae</td>
<td>Fruits</td>
<td>Cough and cold</td>
<td>Herb</td>
<td>33, 15</td>
</tr>
<tr>
<td>456</td>
<td>Piper pedicellatum C. DC</td>
<td>Piperaceae</td>
<td>Leaves</td>
<td>Improve breathing, TB, cold disorder, blood purifier</td>
<td>Herb</td>
<td>29, 21, 36, 5, 16</td>
</tr>
<tr>
<td>457</td>
<td>Piper nigrum L.</td>
<td>Piperaceae</td>
<td>Fruits</td>
<td>Piles, fever, throat, cough and cold</td>
<td>Shrub</td>
<td>21</td>
</tr>
<tr>
<td>458</td>
<td>Scoparia dulcis L.</td>
<td>Plantaginaceae</td>
<td>Tuber</td>
<td>Cuts, wounds, bruises, injuries, sore throat, cough and cold, jaundice, fever</td>
<td>Herb</td>
<td>14, 30, 13, 27, 21, 36, 3, 4</td>
</tr>
<tr>
<td>459</td>
<td>Picrorhiza kurroa Royle.</td>
<td>Plantaginaceae</td>
<td>Roots</td>
<td>Blood purifiers</td>
<td>Herb</td>
<td>24, 15</td>
</tr>
<tr>
<td>460</td>
<td>Neopicrorhiza scrophulariiflora (Pennell) D.Y.Hong.</td>
<td>Plantaginaceae</td>
<td>Whole plant</td>
<td>Diarrhea</td>
<td>Herb</td>
<td>30, 27, 21, 11, 4</td>
</tr>
<tr>
<td>461</td>
<td>Picrorhiza scrophulariiflora (Pennell) D.Y.Hong.</td>
<td>Plantaginaceae</td>
<td>Whole plant</td>
<td>Diarrhea</td>
<td>Herb</td>
<td>30, 27, 21, 11, 4</td>
</tr>
<tr>
<td>462</td>
<td>Plantago depressa Wild.</td>
<td>Plantaginaceae</td>
<td>Seeds, root, leaves</td>
<td>Diarrhea, inflammation, bone fracture</td>
<td>Herb</td>
<td>24, 20</td>
</tr>
<tr>
<td>463</td>
<td>Plantago asiatica Wall.</td>
<td>Plantaginaceae</td>
<td>Seeds, leaves</td>
<td>Stomach problem, liver disease</td>
<td>Herb</td>
<td>16</td>
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<td>464</td>
<td>Scoparia dulcis L.</td>
<td>Plantaginaceae</td>
<td>Fruits</td>
<td>Fever, kidney problem, kidney stone, headache, diarrhoea</td>
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<td>33</td>
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<tr>
<td>465</td>
<td>Hemiphragma heterophyllum Wall.</td>
<td>Plantaginaceae</td>
<td>Whole plant</td>
<td>Purifies blood, gout</td>
<td>Herb</td>
<td>24, 27, 21, 4</td>
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<tr>
<td>466</td>
<td>Veronica celiata Fisch</td>
<td>Plantaginaceae</td>
<td>Whole plant</td>
<td>scabies, cut, wound, piles, body pain, liver cirrhosis, diarrhoea, dysentery</td>
<td>Herb</td>
<td>26, 27, 21, 4</td>
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<tr>
<td>467</td>
<td>Veronica hendersoni D.Don</td>
<td>Plantaginaceae</td>
<td>Whole plant</td>
<td>Haemorrhage, ulcer, wounds</td>
<td>Herb</td>
<td>24, 30, 21</td>
</tr>
<tr>
<td>468</td>
<td>Veronicella celiata Fisch</td>
<td>Plantaginaceae</td>
<td>Whole plant</td>
<td>Wounds, cuts, fever, high blood pressure</td>
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<td>469</td>
<td>Lagotis kunawurensis (Royle ex Benth.) Rupr.</td>
<td>Plantaginaceae</td>
<td>Roots, flowers, leaves</td>
<td>Scabies, cut, wound, piles, body pain, liver</td>
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<td>1, 16, 33, 15</td>
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<td>Habit</td>
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<td>472</td>
<td>Oryza sativa L.</td>
<td>Poaceae</td>
<td>Seeds</td>
<td>cirrhosis, diarrhea, dysentry</td>
<td>Grass</td>
<td>29, 21, 31, 36, 11, 5</td>
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<tr>
<td>473</td>
<td>Saccharum officinarum L.</td>
<td>Poaceae</td>
<td>Stem</td>
<td>Phlegm disorder, relaxant, diarrhea, bile, skin care, anti-emetic</td>
<td>Grass</td>
<td>29, 21, 31, 36, 1, 5</td>
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<td>474</td>
<td>Thysanolaena latifolia (Roxb. ex Hornem.) Honda</td>
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<td>Flowers</td>
<td>Bile disorder, nausea, anti-inflammatory</td>
<td>Grass</td>
<td>29, 21, 31, 1, 5</td>
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<td>475</td>
<td>Triticum aestivum</td>
<td>Poaceae</td>
<td>Seeds</td>
<td>Nourishes body, anti-aging, antioxidant</td>
<td>Herb</td>
<td>29, 21, 31, 36, 4, 5</td>
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<td>Imperata cylindrica (L.) Raeusch.</td>
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<td>Root</td>
<td>Deworming in children</td>
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<td>477</td>
<td>Bambusa nutans Wall. ex Munro</td>
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<td>Antioxidant</td>
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<td>479</td>
<td>Eleusine coracana Gaertn</td>
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<td>480</td>
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<td>Help reduce weight</td>
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<tr>
<td>481</td>
<td>Raphanus sativus</td>
<td>Poaceae</td>
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<td>Antioxidant, pain relief, anti-diabetic, blood pressure</td>
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<td>3, 11, 1, 20, 33, 15</td>
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<tr>
<td>482</td>
<td>Rumex nepalensis Spreng.</td>
<td>Polygonaceae</td>
<td>Roots</td>
<td>Purifies blood, poisoning, kills worms, relieves swelling, fever</td>
<td>Herb</td>
<td>27, 21, 36, 3</td>
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<tr>
<td>483</td>
<td>Rumex crispus L.</td>
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<td></td>
<td>Antimicrobial, antioxidant, anti-inflammatory</td>
<td>Herb</td>
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<tr>
<td>484</td>
<td>Bistorta macrophylla D.Don</td>
<td>Polygonaceae</td>
<td>Leaves, roots</td>
<td>Stomach problem, treat wounds, anti-diarrheal</td>
<td>Herb</td>
<td>14, 24, 30, 26</td>
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<tr>
<td>485</td>
<td>Rheum nobile Hook.f. &amp; Thomson.</td>
<td>Polygonaceae</td>
<td>Leaves, flowers</td>
<td>Retain body fluid, swelling, laxative</td>
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<tr>
<td>486</td>
<td>Rheum australe D.Don</td>
<td>Polygonaceae</td>
<td>Roots</td>
<td>Wounds, indigestion, antipyretic, cough and cold</td>
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<td>14, 24, 30, 27, 21, 36, 3</td>
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<tr>
<td>487</td>
<td>Aconogonon molle D. Don</td>
<td>Polygonaceae</td>
<td>Aerial shoots, leaves</td>
<td>Astringent</td>
<td>Shrub</td>
<td>11, 16</td>
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<tr>
<td>488</td>
<td>Aconogonon tortuosus (D.Don) H. Har</td>
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<td>Roots</td>
<td>Bleeding piles, dysentery, diarrhoea, fever</td>
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<td>24, 30, 21, 36, 4</td>
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<td>489</td>
<td>Fagopyrum esculentum Moench</td>
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<td>Antioxidant, pain relief, anti-diabetic, blood pressure</td>
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<td>11, 4</td>
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<td>490</td>
<td>Persicaria nepalensis (Meisn.) H. Gross</td>
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<td>Swelling</td>
<td>Herb</td>
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<td>491</td>
<td>Fagopyrum cymosum (Trevis.) Moes. Meisn.</td>
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<td>Astringent</td>
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<td>Persicaria runcinata (D.Don) H. Gross</td>
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<td>493</td>
<td>Persicaria maculosa Gray</td>
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<td>Body pain, stomachache</td>
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<td>494</td>
<td>Oxyria digyna (L.) Hill</td>
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<td>Flowers, leaves</td>
<td>Urine retention, lymph disorders</td>
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<tr>
<td>495</td>
<td>Nephrolepis tuberosa Bory ex Wild.</td>
<td>Polypodiaceae</td>
<td>Roots</td>
<td>Kidney troubles</td>
<td>Herb</td>
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<td>496</td>
<td>Lepisorus contortus (Christ) Ching</td>
<td>Polypodiaceae</td>
<td>Leaves</td>
<td>Kidney disorders, heals burns, wounds, and bone fracture</td>
<td>Herb</td>
<td>30, 27, 21, 36, 3, 4</td>
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<tr>
<td>497</td>
<td>Drynaria propinqu (Wall. ex Mett.) J Sm. ex Bedd.</td>
<td>Polypodiaceae</td>
<td>Stem</td>
<td>Antioxidant, detoxifier, antidote</td>
<td>Epiphytic</td>
<td>29, 21, 31, 5, 16, 20</td>
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<tr>
<td>498</td>
<td>Drynaria quercifolia (L.) J. Sm.</td>
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<td>Roots</td>
<td>Joint pains, body ache</td>
<td>Epiphytic</td>
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<th>Sl. No.</th>
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<th>Habit</th>
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<tr>
<td>499</td>
<td>Microsorum membranaceum (D.Don) Ching</td>
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<td>Pyrrhiosa mollis (Kunze) Ching</td>
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<td>501</td>
<td>Polypodiodes iahnopus (Wall. ex Hook.) Ching</td>
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<td>Rhizome</td>
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<td>Potamogeton crispus L.</td>
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<td>503</td>
<td>Primula sikkimensis Hook.f.</td>
<td>Primulaceae</td>
<td>Aerial parts</td>
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<td>Primula dickieana Watt.</td>
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<td>506</td>
<td>Balf. f. &amp; Kingdom- Ward</td>
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<td>Whole plant</td>
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<td>Herb</td>
<td>27, 21</td>
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<td>507</td>
<td>Primula macrophylla D. Don</td>
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<td>Androsace sarmentosa Wall.</td>
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<td>Febrifuge</td>
<td>Herb</td>
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<td>509</td>
<td>Androsace stigilosa Franchet</td>
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<td>Urinary tract infections, fever, wound</td>
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<td>510</td>
<td>Pteris bianita L.</td>
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<td>Leaves, stem</td>
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<td>Sapria himalayana Griffith.</td>
<td>Rafflesiaceae</td>
<td>Flower</td>
<td>Liver disorder, fever</td>
<td>Herb</td>
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<td>512</td>
<td>Aconitum laciniatum (Bruehl) Stapf.</td>
<td>Ranunculaceae</td>
<td>Roots</td>
<td>Allays bone disease, leprosy, chronic infection, antiseptic, wounds</td>
<td>Herb</td>
<td>24, 30, 26, 21, 3, 27, 4</td>
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<td>Aconitum orochryseum Stapf.</td>
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<td>Aerial parts</td>
<td>Food poisoning, antidote for snake bite, dysentery, jaundice</td>
<td>Herb</td>
<td>24, 30, 13, 21, 4</td>
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<td>514</td>
<td>Aconitum violaceum Jacquem. ex Stapf.</td>
<td>Ranunculaceae</td>
<td>Roots</td>
<td>Joint pain, asthma, cough, antioxidant, anti-inflammation</td>
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<td>515</td>
<td>Aconitum naviculare (Brühl) Stapf.</td>
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<td>Roots, leaves, stems, flowers</td>
<td>Fever (from poisoning), bile fever, infections</td>
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<td>516</td>
<td>Aconitum spicatum (Brühl) Stapf.</td>
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<td>Roots</td>
<td>Wounds, cuts, headache, lung and intestine infection, bile fever, cough</td>
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<td>517</td>
<td>Thalictrum chelidoni DC.</td>
<td>Ranunculaceae</td>
<td>Whole plant</td>
<td>Intestinal fever, heal sores, treat infectious disease</td>
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<td>518</td>
<td>Thalictrum foliolosum DC.</td>
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<td>Root</td>
<td>Toothache, gout, piles, leucoderma, fever, eye disease, earache, boils, blood purifier, abdominal pain</td>
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<td>519</td>
<td>Thalictrum reniforme Wall.</td>
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<td>Whole plant</td>
<td>Analgesic, antimarial, antimicrobial, antidote</td>
<td>Herb</td>
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<td>520</td>
<td>Anemone rivularis DC.</td>
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<td>Seeds</td>
<td>Heals cold tumor, rotting tissue, snake bite, stomach pain, body heat</td>
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<td>521</td>
<td>Anemone griffithii Hook.f &amp; Thomson</td>
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<td>Seed</td>
<td>Regulates body temperature, anti-dropsy, anticoagulant</td>
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<td>27, 21, 4</td>
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<td>522</td>
<td>Ranunculus diffusus DC</td>
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<td>Leaves, whole plant</td>
<td>Boils, skin infection</td>
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<td>523</td>
<td>Ranunculus broterusii Freyn</td>
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<td>Wounds, antipyretic, antiseptic, cough and</td>
<td>Herb</td>
<td>24, 30, 27, 21, 4</td>
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<td><em>Ranunculus tricuspis</em> Maxim.</td>
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<td>Whole plant</td>
<td>cold</td>
<td>Herb</td>
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<td>525</td>
<td><em>Clematis buchananiana</em> DC.</td>
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<td>Leaves</td>
<td>Nasal congestion, sinusitis, ulcer, swelling cold</td>
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<td>29, 21, 2, 1, 5, 16</td>
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<td>526</td>
<td><em>Clematis acutangula</em> Hook.f. &amp; Thomson DC.</td>
<td>Ranunculaceae</td>
<td>Stem</td>
<td>Digestion, aperitive, antitumor</td>
<td>Vine</td>
<td>27, 21, 4</td>
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<td><em>Clematis connata</em> DC.</td>
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<td>Stem</td>
<td>Digestion, sexually transmitted disease</td>
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<td><em>Caltha palustris</em> L.</td>
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<td>Whole plant</td>
<td>Abscess, wound, dysentery, dermatitis</td>
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<td>27, 21</td>
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<td>529</td>
<td><em>Delphinium drepanocentrum</em> (Bruhl) Munz.</td>
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<td>Headache, wound</td>
<td>Herb</td>
<td>27, 21, 24, 30, 27, 21, 4</td>
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<td>530</td>
<td><em>Delphinium brunonianum</em> Royle</td>
<td>Ranunculaceae</td>
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<td>Antidote, bile, skin disease, cough and cold</td>
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<td><em>Delphinium caeruleum</em> Jacques. ex Cambess.</td>
<td>Ranunculaceae</td>
<td>Flowers, leaves</td>
<td>Blood disorder, uterine tumors, gynecological diseases</td>
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<td>532</td>
<td><em>Paraquilegia microphylla</em> (Royle) J. Drumm. &amp; Hutch.</td>
<td>Ranunculaceae</td>
<td>Flowers, leaves, stem</td>
<td>Diarrhoea, wounds, fever, dries up blood, pus, lymph fluid</td>
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<td>533</td>
<td><em>Ziziphus mauritiana</em> Lam.</td>
<td>Rhamnaceae</td>
<td>Whole plant</td>
<td>Bile disorders, stop excessive blood loss during mensuration</td>
<td>Herb</td>
<td>14, 27, 21, 3, 4, 16, 20, 15</td>
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<td>534</td>
<td><em>Rubus paniculatus</em> Sm.</td>
<td>Rosaceae</td>
<td>Fruits</td>
<td>Stomach disorder, diarrhea</td>
<td>Liana</td>
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<td><em>Prunus persica</em> (L.) Batsch.</td>
<td>Rosaceae</td>
<td>Whole plant</td>
<td>Typhoid, measles, gastric, sinusitis, cough and cold</td>
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<td>536</td>
<td><em>Rosa macrophylla</em> Lindl.</td>
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<td>Fruits, kernel, flowers</td>
<td>Constipation, dries pus, heals sores, treat hair loss</td>
<td>Tree</td>
<td>29, 21, 36, 3, 11, 15</td>
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<td>537</td>
<td><em>Fragaria nubicola</em> (Hook.f.) Lacaita.</td>
<td>Rosaceae</td>
<td>Whole plant</td>
<td>Drains mucus from the lungs, fever, relieve lungs inflammation, chest infection, and neurological disorders</td>
<td>Herb</td>
<td>14, 27, 21, 4, 18, 20</td>
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<td>538</td>
<td><em>Fragaria indica</em> Andrews</td>
<td>Rosaceae</td>
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<td>Lung inflammation, anthelmintic, chest infections, neurological infections</td>
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<td>539</td>
<td><em>Cotoneaster microphyllus</em> Lindley</td>
<td>Rosaceae</td>
<td>Fruits</td>
<td>Bile disorders, stop excessive blood loss during mensuration</td>
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<td>540</td>
<td><em>Dasiphora arbuscula</em> (D.Don) Sojak</td>
<td>Rosaceae</td>
<td>Aerial parts</td>
<td>Relief pain, cough and cold</td>
<td>Shrub</td>
<td>3</td>
</tr>
<tr>
<td>541</td>
<td><em>Dasiphora fruticosa</em> (L.) Rydb</td>
<td>Rosaceae</td>
<td>Flowers, leaves, stems</td>
<td>Indigestion, disorder (lung and stomach), breast disease</td>
<td>Shrub</td>
<td>14</td>
</tr>
<tr>
<td>542</td>
<td><em>Rosa macphylla</em> Lindl.</td>
<td>Rosaceae</td>
<td>Fruits</td>
<td>Heals abscess, liver and bile disorder, constipation, cough and cold, antidote</td>
<td>Shrub</td>
<td>14, 24, 30, 27, 21, 3, 4, 5</td>
</tr>
<tr>
<td>543</td>
<td><em>Rosa sericea</em> Lindley</td>
<td>Rosaceae</td>
<td>Fruits</td>
<td>Treats air-related disorders, bile</td>
<td>Shrub</td>
<td>14, 24, 36, 3, 20, 5</td>
</tr>
<tr>
<td>544</td>
<td><em>Rosa brunnii</em> Lindl.</td>
<td>Rosaceae</td>
<td>Root</td>
<td>Relief pain</td>
<td>Shrub</td>
<td>20</td>
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<tr>
<td>545</td>
<td><em>Prunsepia utilis</em> Royle</td>
<td>Rosaceae</td>
<td>Fruit, root</td>
<td>Burns, cuts</td>
<td>Shrub</td>
<td>20</td>
</tr>
<tr>
<td>546</td>
<td><em>Neillia rubiflora</em> D. Don</td>
<td>Rosaceae</td>
<td>Seeds, leaves</td>
<td>Joint pain, deworming</td>
<td>Herb</td>
<td>2</td>
</tr>
<tr>
<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
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<tr>
<td>549</td>
<td>Prunus cerasoides Buch.-Ham. ex D.Don</td>
<td>Rosaceae</td>
<td>Seeds, leaves</td>
<td>Back and joint pain</td>
<td>Herb</td>
<td>2, 16</td>
</tr>
<tr>
<td>550</td>
<td>Agrimonia pilosa Ledeb.</td>
<td>Rosaceae</td>
<td>Stem, leaves</td>
<td>Hair fall, fever, heartache, dysentery</td>
<td>Herb</td>
<td>2, 16</td>
</tr>
<tr>
<td>551</td>
<td>Choenomeles lagenaria (Loisel.) Koizumi.</td>
<td>Rosaceae</td>
<td>Fruits</td>
<td>Fever, fever, heartache, dysentery</td>
<td>Shrub</td>
<td>24, 29, 36, 5</td>
</tr>
<tr>
<td>552</td>
<td>Potentilla arbuscula D. Don</td>
<td>Rosaceae</td>
<td>Flower</td>
<td>Cough and cold</td>
<td>Shrub</td>
<td>27, 21, 4</td>
</tr>
<tr>
<td>553</td>
<td>Potentilla fulgens Wall ex Hook</td>
<td>Rosaceae</td>
<td>Bark</td>
<td>Cough and cold</td>
<td>Herb</td>
<td>30, 27, 21</td>
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<tr>
<td>554</td>
<td>Potentilla indica (Andrews) Th. Wolf</td>
<td>Rosaceae</td>
<td>Whole plant</td>
<td>Lung inflammation, antihelmintic</td>
<td>Herb</td>
<td>30</td>
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<tr>
<td>555</td>
<td>Potentilla peduncularis D.Don</td>
<td>Rosaceae</td>
<td>Roots</td>
<td>Dysentery</td>
<td>Herb</td>
<td>24, 30, 21</td>
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<tr>
<td>556</td>
<td>Potentilla anserina L.</td>
<td>Rosaceae</td>
<td></td>
<td></td>
<td>Herb</td>
<td>4</td>
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<tr>
<td>557</td>
<td>Spiraea arcuata Hook.f.</td>
<td>Rosaceae</td>
<td>Leaves</td>
<td>Wounds, fever</td>
<td>Shrub</td>
<td>27, 21</td>
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<td>558</td>
<td>Sinomalous baccata (L.) Borkh.</td>
<td>Rosaceae</td>
<td></td>
<td></td>
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<td>559</td>
<td>Chaenomeles speciosa (Sweet) Nak.</td>
<td>Rosaceae</td>
<td></td>
<td></td>
<td>Tree</td>
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<tr>
<td>560</td>
<td>Rubia manihth Roxb. ex Flemming</td>
<td>Rubiaceae</td>
<td>Fruits, roots, stem</td>
<td>Skin disease, boils, Chest problem, menstrual disorders, snake bite, scorpion bite, skin disease</td>
<td>Climber</td>
<td>29, 21, 31, 5, 16, 15</td>
</tr>
<tr>
<td>561</td>
<td>Rubia cordifolia L.</td>
<td>Rubiaceae</td>
<td>Stem</td>
<td>Blood disorders, reduce swelling</td>
<td>Climber</td>
<td>24, 11, 15</td>
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<tr>
<td>562</td>
<td>Galium aparine L.var. echinospernum (Wallroth).</td>
<td>Rubiaceae</td>
<td>Aerial parts</td>
<td>Biles, jaundice, migraine, sinusitis</td>
<td>Herb</td>
<td>24, 30, 21, 3, 4, 20</td>
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<tr>
<td>563</td>
<td>Paederia foetida L.</td>
<td>Rubiaceae</td>
<td>Leaves</td>
<td>Lymph swell</td>
<td>Climber</td>
<td>2, 1, 33</td>
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<tr>
<td>564</td>
<td>Uncaria acids (Hunter) Roxb.</td>
<td>Rubiaceae</td>
<td>Leaves</td>
<td>Fracture, evil eye</td>
<td>Woody vine</td>
<td>1</td>
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<tr>
<td>565</td>
<td>Uncaria tomentosa (Wild. ex Schult.) DC</td>
<td>Rubiaceae</td>
<td>Fruits</td>
<td>Abdominal pain, indigestion</td>
<td>Shrub</td>
<td>20</td>
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<tr>
<td>566</td>
<td>Zanthoxylum armatun DC</td>
<td>Rutaceae</td>
<td>Seeds</td>
<td>Stomachache, gastric problem</td>
<td>Herb</td>
<td>21, 31, 36, 5, 15</td>
</tr>
<tr>
<td>567</td>
<td>Zanthoxylum alatum Roxb.</td>
<td>Rutaceae</td>
<td>Fruits</td>
<td>Blood vessel dilator</td>
<td>Tree</td>
<td>11</td>
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<tr>
<td>568</td>
<td>Zanthoxylum acanthopodium DC</td>
<td>Rutaceae</td>
<td>Leaves, fruits, twig</td>
<td>Abdominal pain, indigestion</td>
<td>Shrub</td>
<td>20</td>
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<tr>
<td>569</td>
<td>Zanthoxylum carbaeum Lam.</td>
<td>Rutaceae</td>
<td></td>
<td>Swelling</td>
<td>Shrub</td>
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<tr>
<td>570</td>
<td>Aegle marmelos (L.) Coriá</td>
<td>Rutaceae</td>
<td>Fruit</td>
<td>Dysentery, gastritis, allays lung disorder, anti-diarrhoeal, emetic dysentery</td>
<td>Tree</td>
<td>21, 36, 1, 3, 32, 33</td>
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<tr>
<td>571</td>
<td>Citrus aurantifolia Swingle</td>
<td>Rutaceae</td>
<td>Fruit</td>
<td>Antidandruff, diarrhea, dysentery</td>
<td>Tree</td>
<td>1</td>
</tr>
<tr>
<td>572</td>
<td>Citrus limon (L.)</td>
<td>Rutaceae</td>
<td>Fruit</td>
<td>Jaundice</td>
<td>Shrub</td>
<td>1</td>
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<tr>
<td>573</td>
<td>Citrus medica L.</td>
<td>Rutaceae</td>
<td>Fruit</td>
<td>Jaundice</td>
<td>Shrub</td>
<td>1, 33</td>
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<tr>
<td>574</td>
<td>Toddalia asiatica (L.) Lam.</td>
<td>Rutaceae</td>
<td>Leaves</td>
<td>Gastric</td>
<td>Climber</td>
<td>1</td>
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<tr>
<td>575</td>
<td>Viscum nepalense Spreng</td>
<td>Santalaceae</td>
<td>Wole plant</td>
<td>Anti-cancer, diuretic, sedative, vasodilation</td>
<td>Climber</td>
<td>11</td>
</tr>
<tr>
<td>576</td>
<td>Viscum album L.</td>
<td>Santalaceae</td>
<td>Leaves</td>
<td>Bone fracture, body aches</td>
<td>Shrub</td>
<td>16</td>
</tr>
<tr>
<td>577</td>
<td>Viscum articulatum Burm. f</td>
<td>Santalaceae</td>
<td></td>
<td>Hypertension</td>
<td>Shrub</td>
<td>33</td>
</tr>
<tr>
<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
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<tr>
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<tr>
<td>578</td>
<td>Santalum album L.</td>
<td>Santalaceae</td>
<td>Wood</td>
<td>Heals skin disease, dry cough, febrifuge</td>
<td>Tree</td>
<td>29, 21, 5</td>
</tr>
<tr>
<td>579</td>
<td>Sapindus rarak DC</td>
<td>Sapindaceae</td>
<td>Fruits</td>
<td>Used as a shampoo for head lice, emetic</td>
<td>Tree</td>
<td>29, 21, 31, 5</td>
</tr>
<tr>
<td>580</td>
<td>Houttuynia cordata Thunb.</td>
<td>Saururaceae</td>
<td>Whole plant</td>
<td>Dysentery, diarrhea, constipation, appetite</td>
<td>Herb</td>
<td>11, 16, 20</td>
</tr>
<tr>
<td>581</td>
<td>Astilbe rivularis Buch. Ham.</td>
<td>Saxifragaceae</td>
<td>Roots, leaves</td>
<td>Wound, fever, dysentery, back pain, throat pain, waist pain, bleeding at pre and post pregnancy, toothache, blood purifier</td>
<td>Herb</td>
<td>2, 20, 15</td>
</tr>
<tr>
<td>582</td>
<td>Bergenia ciliata (Haw.) Starnb.</td>
<td>Saxifragaceae</td>
<td>Roots</td>
<td>Stomache, heart disease, wounds, boils, body ache, cough and cold, eye ache, cough and cold</td>
<td>Herb</td>
<td>14, 2, 16, 15</td>
</tr>
<tr>
<td>583</td>
<td>Chrysosplenium forrestii Diels</td>
<td>Saxifragaceae</td>
<td>Roots</td>
<td>Treats ascites, bile, poisoning, antidote, cough and cold</td>
<td>Herb</td>
<td>24, 30, 21, 31, 3, 4</td>
</tr>
<tr>
<td>584</td>
<td>Chrysosplenium nudicaule Bunge</td>
<td>Saxifragaceae</td>
<td>Aerial parts</td>
<td>Bile disorder, allays infections</td>
<td>Herb</td>
<td>26, 13</td>
</tr>
<tr>
<td>585</td>
<td>Saxifraga moorcroftiana (Ser.)</td>
<td>Saxifragaceae</td>
<td>Whole plant</td>
<td>Biles, cough and cold</td>
<td>Herb</td>
<td>24, 30, 27, 21, 4</td>
</tr>
<tr>
<td>586</td>
<td>Saxifraga parnassifolia D. Don</td>
<td>Saxifragaceae</td>
<td>Whole plant</td>
<td>Jaundice, wounds, cough and cold</td>
<td>Herb</td>
<td>24, 30, 27, 21, 4</td>
</tr>
<tr>
<td>587</td>
<td>Saxifraga umbellulata Hook.</td>
<td>Saxifragaceae</td>
<td>Aerial parts</td>
<td>Fever, wounds, disorder (liver and bile)</td>
<td>Herb</td>
<td>24</td>
</tr>
<tr>
<td>588</td>
<td>Verbascum thapsus L.</td>
<td>Scrophulariaceae</td>
<td>Seeds</td>
<td>Fever, excessive bleeding from sprains, wounds, rashes, poisoning, kidney disorders, diarrhea</td>
<td>Herb</td>
<td>14, 24, 30, 21, 3, 4</td>
</tr>
<tr>
<td>589</td>
<td>Buddleja bhutanica T. Yamaz.</td>
<td>Scrophulariaceae</td>
<td>Leaves</td>
<td>Dyspepsia, nerve, regenerates nerve</td>
<td>Shrub</td>
<td>29, 21, 31, 36, 5</td>
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<tr>
<td>590</td>
<td>Oreosolen wattii Hook.f.</td>
<td>Scrophulariaceae</td>
<td>Roots</td>
<td>Inflammation</td>
<td>Herb</td>
<td>24, 30, 21, 4</td>
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<tr>
<td>591</td>
<td>Selaginella delicatula (Desv. ex Poir.) Alston</td>
<td>Selaginellaceae</td>
<td>Leaves</td>
<td>Wounds</td>
<td>Herb</td>
<td>15</td>
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<tr>
<td>592</td>
<td>Selaginella involvens (Sw.)</td>
<td>Selaginellaceae</td>
<td>Leaves</td>
<td>Stiffness of limbs, bone fracture, antibiotic</td>
<td>Herb</td>
<td>29, 21, 31</td>
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<tr>
<td>593</td>
<td>Selaginella pulvinate (Hook. &amp; Grev.) Maxim.</td>
<td>Selaginellaceae</td>
<td>Aerial parts</td>
<td></td>
<td>Herb</td>
<td>24</td>
</tr>
<tr>
<td>594</td>
<td>Bruea javanica (L.) Merr.</td>
<td>Simaroubaceae</td>
<td>Fruits</td>
<td>Breathing disorder, dysentery, diarrhea, colic</td>
<td>Tree</td>
<td>14</td>
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<tr>
<td>595</td>
<td>Scopolia luridus (Sprengel) Dunal</td>
<td>Solanaceae</td>
<td>Seeds</td>
<td>Useful for colic and sinusitis</td>
<td>Herb</td>
<td>24, 30, 27, 21, 3, 4</td>
</tr>
<tr>
<td>596</td>
<td>Capsicum annuum L.</td>
<td>Solanaceae</td>
<td>Fruits</td>
<td>Piles, digestive, leprosy, antibiotic, antibiotic, anti-inflammatory</td>
<td>Herb</td>
<td>29, 21, 31, 31, 11</td>
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<tr>
<td>597</td>
<td>Solanum nigrum L.</td>
<td>Solanaceae</td>
<td>Fruits, root</td>
<td>Abdominal pain, diarrhea, vomiting</td>
<td>Herb</td>
<td>11</td>
</tr>
<tr>
<td>598</td>
<td>Solanum viarum Dunal</td>
<td>Solanaceae</td>
<td>Seeds, fruits</td>
<td>Tooth decay</td>
<td>Shrub</td>
<td>1</td>
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<tr>
<td>599</td>
<td>Solanum xanthocaroum Schrad. &amp; H. Wendl.</td>
<td>Solanaceae</td>
<td></td>
<td>Fever, cough and cold</td>
<td>Herb</td>
<td>33</td>
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<tr>
<td>600</td>
<td>Brugmansia suaveolens (Humb. &amp; Bonpl. ex Wild.)</td>
<td>Solanaceae</td>
<td>Leaves</td>
<td>Ringworm, Stomach ache, ulcer, menstrual pain, rashes, wounds</td>
<td>Shrub</td>
<td>2, 16</td>
</tr>
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<td>Sl. No.</td>
<td>Botanical name</td>
<td>Family</td>
<td>Parts Used</td>
<td>Ailment</td>
<td>Habit</td>
<td>Reference</td>
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<tr>
<td>601</td>
<td>Bercht. &amp; J. Presl.</td>
<td>Solanaceae</td>
<td>Seeds</td>
<td>Alleviates toothache, vermifuge, antimicrobial</td>
<td>Herb</td>
<td>29, 21, 5</td>
</tr>
<tr>
<td>602</td>
<td>Datura stramonium L.</td>
<td>Solanaceae</td>
<td>Seeds</td>
<td>Microbial infection</td>
<td>Shrub</td>
<td>21, 5</td>
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<tr>
<td>603</td>
<td>Withania somnifera (L.)</td>
<td>Solanaceae</td>
<td>Leaves</td>
<td>Febrifuge, fever, kidney disease</td>
<td>Shrub</td>
<td>29, 21, 31, 5</td>
</tr>
<tr>
<td>604</td>
<td>Symlocos rainerissima Wall.</td>
<td>Symlocaceae</td>
<td>Fruits</td>
<td>Cough, relieves dropsy, wounds, fever chicken pox</td>
<td>Shrub</td>
<td>24</td>
</tr>
<tr>
<td>605</td>
<td>Myrcaria rosea W.W. Smith.</td>
<td>Tamaricaceae</td>
<td>Aerial parts</td>
<td>Cough, relieves dropsy, wounds, fever chicken pox</td>
<td>Shrub</td>
<td>14, 24, 30, 26, 21, 3, 4</td>
</tr>
<tr>
<td>606</td>
<td>Taxus baccata L.</td>
<td>Taxaceae</td>
<td>Leaves, bark,</td>
<td>Swelling, cough, cancer, indigestion, asthma</td>
<td>Tree</td>
<td>20</td>
</tr>
<tr>
<td>607</td>
<td>Schima wallichii (D.C.)</td>
<td>Theaceae</td>
<td>Bark</td>
<td>Anthemtmetic, fever, stomachache, bone fracture</td>
<td>Tree</td>
<td>1, 15</td>
</tr>
<tr>
<td>608</td>
<td>Camellia sinensis (L.)</td>
<td>Theaceae</td>
<td>Leaf</td>
<td>Febrifuge, cooling effect</td>
<td>Shrub</td>
<td>29, 21</td>
</tr>
<tr>
<td>609</td>
<td>Aquilaria malaccensis Lam.</td>
<td>Thymelaeaceae</td>
<td>Heartwood</td>
<td>Refirerant for a heart disorder, sedative, useful for nervous system disorder and nervine</td>
<td>Tree</td>
<td>24, 21, 5, 31, 15</td>
</tr>
<tr>
<td>610</td>
<td>Stellera chamaejasme L.</td>
<td>Thymelaeaceae</td>
<td>Roots</td>
<td>Antisecret, swellings</td>
<td>Herb</td>
<td>14</td>
</tr>
<tr>
<td>611</td>
<td>Typha elephantina Roxb.</td>
<td>Typhaceae</td>
<td>Root</td>
<td>Antitoxin, Progresses flesh growth</td>
<td>Herb</td>
<td>21, 5, 27</td>
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<tr>
<td>612</td>
<td>Girardinia diversifolia (Link)</td>
<td>Urticaceae</td>
<td>Roots, leaves, whole plant</td>
<td>Headache, joint pain, chest pain, gastric disorders, swollen body, internal injury</td>
<td>Herb</td>
<td>3, 16, 20, 33, 15</td>
</tr>
<tr>
<td>613</td>
<td>Elatostema lineolatum Wight</td>
<td>Urticaceae</td>
<td>Leaves, stem</td>
<td>Fracture, jaundice, snake bite</td>
<td>Herb</td>
<td>16, 15</td>
</tr>
<tr>
<td>614</td>
<td>Debregeasia longifolia (Burm.f.)</td>
<td>Urticaceae</td>
<td>Fruits, leaves</td>
<td>Scabies</td>
<td>Tree</td>
<td>11</td>
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<td>615</td>
<td>Urtica dioica L.</td>
<td>Urticaceae</td>
<td>Whole plant</td>
<td>Minute fracture</td>
<td>Herb</td>
<td>11, 33</td>
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<tr>
<td>616</td>
<td>Urtica parviflora Roxb.</td>
<td>Urticaceae</td>
<td>Leaves</td>
<td>Control blood pressure, back pain</td>
<td>Herb</td>
<td>1, 16</td>
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<tr>
<td>617</td>
<td>Boehmeria hamiltoniana Wedd.</td>
<td>Urticaceae</td>
<td>Leaves</td>
<td>Rheumatism, urination problem</td>
<td>Herb</td>
<td>16</td>
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<td>618</td>
<td>Boehmeria penduflora Long.</td>
<td>Urticaceae</td>
<td>Bark</td>
<td>Binding agent for incense making</td>
<td>Woody</td>
<td>29, 21</td>
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<tr>
<td>619</td>
<td>Ustilago nuda (C.N. Jensen)</td>
<td>Ustilaginaceae</td>
<td></td>
<td>Herb</td>
<td>4, 5</td>
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<tr>
<td>620</td>
<td>Gmelina arborea Roxb.</td>
<td>Verbenaceae</td>
<td>Bark</td>
<td>Foot and mouth disease (cattle)</td>
<td>Tree</td>
<td>1, 16, 33</td>
</tr>
<tr>
<td>621</td>
<td>Viola biflora L.</td>
<td>Violaceae</td>
<td>Leaves, stem, flowers, seeds</td>
<td>Headache, heals sores and joint fracture bones</td>
<td>Herb</td>
<td>3, 4</td>
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<tr>
<td>622</td>
<td>Tetrastigma serrulatum (Roxb.)</td>
<td>Vitaceae</td>
<td></td>
<td>Lantana poisoning Bokrej in cattle</td>
<td>Shrub</td>
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<tr>
<td>623</td>
<td>Vitis vinifera L.</td>
<td>Vitaceae</td>
<td>Fruits</td>
<td>Febrifuge</td>
<td>Climber</td>
<td>21, 36</td>
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<tr>
<td>624</td>
<td>Curcuma longa L.</td>
<td>Zingiberaceae</td>
<td>Rhizome</td>
<td>Relieve digestive problems, soar throat, fractured bone</td>
<td>Herb</td>
<td>24, 29, 21, 31, 36, 5, 15</td>
</tr>
<tr>
<td>625</td>
<td>Curcuma caesia Roxb.</td>
<td>Zingiberaceae</td>
<td>Roots</td>
<td>Stomach disorder, appetizer, body ache</td>
<td>Herb</td>
<td>1</td>
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<tr>
<td>626</td>
<td>Anomum subulatum Roxb.</td>
<td>Zingiberaceae</td>
<td>Seeds</td>
<td>Indigestion, teeth and gum infection, scorpion sting, insect bites</td>
<td>Herb</td>
<td>24, 29, 21, 36, 5, 15</td>
</tr>
<tr>
<td>627</td>
<td>Zingiber officinale</td>
<td>Zingiberaceae</td>
<td>Rhizome</td>
<td>Heart disease, throat</td>
<td>Herb</td>
<td>21, 31, 36, 11,</td>
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</table>
### Table

<table>
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<tr>
<th>Sl. No.</th>
<th>Botanical name</th>
<th>Family</th>
<th>Parts Used</th>
<th>Ailment</th>
<th>Habit</th>
<th>Reference</th>
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<tbody>
<tr>
<td>629</td>
<td><em>Cautleya spicata</em> (Sm.) Baker</td>
<td>Zingiberaceae</td>
<td>Rhizome</td>
<td>pain, asthma, headache, cough and cold, joint pain</td>
<td>Herb</td>
<td>5, 16, 15</td>
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<tr>
<td>630</td>
<td><em>Elettaria cardamomum</em> (L.) Maton</td>
<td>Zingiberaceae</td>
<td>Fruits</td>
<td>Anti-inflammatory, antifungal, anti-bacterial, anticoagulant, febrifuge</td>
<td>Herb</td>
<td>29, 21, 31, 5</td>
</tr>
<tr>
<td>631</td>
<td><em>Alpinia nigra</em> (Gaertn.) Burtt</td>
<td>Zingiberaceae</td>
<td>Rhizome</td>
<td>Kidney disorders</td>
<td>Herb</td>
<td>24, 21, 11, 5</td>
</tr>
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<td>632</td>
<td><em>Globba clarkei</em> Baker</td>
<td>Zingiberaceae</td>
<td>Rhizomes, leaves</td>
<td>Headache, fever, vomiting, pressure</td>
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<td>633</td>
<td><em>Roscoea tibetica</em> Batalin</td>
<td>Zingiberaceae</td>
<td>Leaves</td>
<td>Epilepsy, vomiting, TB, dysentery, diarrhea</td>
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<td><em>Roscoea capitata</em> Sm.</td>
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<td>Rhizome</td>
<td>Kidney disorders</td>
<td>Herb</td>
<td>24</td>
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<td>635</td>
<td><em>Kaempferia rotunda</em> L.</td>
<td>Zingiberaceae</td>
<td>Herb</td>
<td>Jaundice</td>
<td>Herb</td>
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<tr>
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<td><em>Zingiber zerumbet</em> (L.) Roscoe ex Sm.</td>
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<td>Leaves</td>
<td>Headache, fever, vomiting, pressure</td>
<td>Herb</td>
<td>2, 16</td>
</tr>
<tr>
<td>637</td>
<td><em>Roscoea tibetica</em> Batalin</td>
<td>Zingiberaceae</td>
<td>Leaves</td>
<td>Headache, fever, vomiting, pressure</td>
<td>Herb</td>
<td>5</td>
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</table>

### 4. CONCLUSIONS

Bhutan has been known as the land of medicinal herbs in the past. The country uses around 229 (35.94 %) species to manufacture various traditional medicine and other products. The study was able to list around 637 species of medicinal plants found in the Himalayan Kingdom of Bhutan. The plants are used for various ailments by the local people. Traditional medicine is most popular among those who know the value of it, practice it, and those older folks. Traditional medicinal plants have also been a source of income for several households. Bhutan can add more to the total number of medicinal plants database if it conducts more research.

### COMPETING INTERESTS

Authors have declared that no competing interests exist.

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